

GET OWT!

IN COLDER WEATHER

Warmth and comfort

- Keep sessions shorter to prevent little ones getting cold and miserable.
- Have spare gloves available for anyone without or needing an extra layer.
- Avoid wet activities or sitting on the ground.
- Aprons over coats help protect clothing during messy play.

Glove-friendly activities

Choose activities that work with gloves on:

- Nature trails or hunts
- Games with large objects
- Sensory play using scoops and cups
- Simple two-minute crafts
- Movement games, action songs, bubbles



Indoor options

If you have a nearby indoor space (eg a hall), why not set up the following for before/after your Get OWT! session?

- Hot drinks
- Colouring table
- Story books

If your hall has outdoor space, run sessions with some activities inside and some outside.

Seasonal flexibility

- Consider indoor toddler groups during the coldest months.
- Use Jump IN! materials for seasonal and nature-inspired indoor activities.
- By late February or March, you might be ready to head back outside!

