

Noah's Courage and God's Promise


Bible verses:

Genesis 6:5-22; 7:13-16;
8:6-11; 9:12-17


Aim:

To follow Noah as an
example of obedience


Today's fruit:

Goodness



Memory verse

'Let us hold firmly to the hope that we have confessed. We can trust God to do what he promised.'

(Hebrews 10:23 ICB)



Start it

I wonder if we can make a rainbow together?

1. Fill a dish or bowl with water and place a mirror inside it at an angle, so the bottom is underwater.
2. Position the dish so that bright, direct sunlight shines on the mirror.
3. Hold a piece of white paper above the dish to 'catch' the rainbow, adjusting the paper's position until the rainbow appears.

Has anyone has seen a rainbow in the sky?
Can anyone remember the colours in a rainbow?



Share it

I wonder if you've heard this rainbow story before? Using The Bible App for kids (www.bible.com/kids) download story 3: 'Two by Two'. Use the app for an interactive Bible story or watch the video on YouTube below.

'Two by two', Bible apps for Kids by LifeKids (1:43)

Ask:

- Did you know that story?
- What was the story about?
- I wonder what the story helps us learn about God?



Sing it

'Yancy & Little Praise Party - There Are Promises' by YancyNotNancy*

Shout Praises Kids - 'Way Maker' by Shout Praises Kids



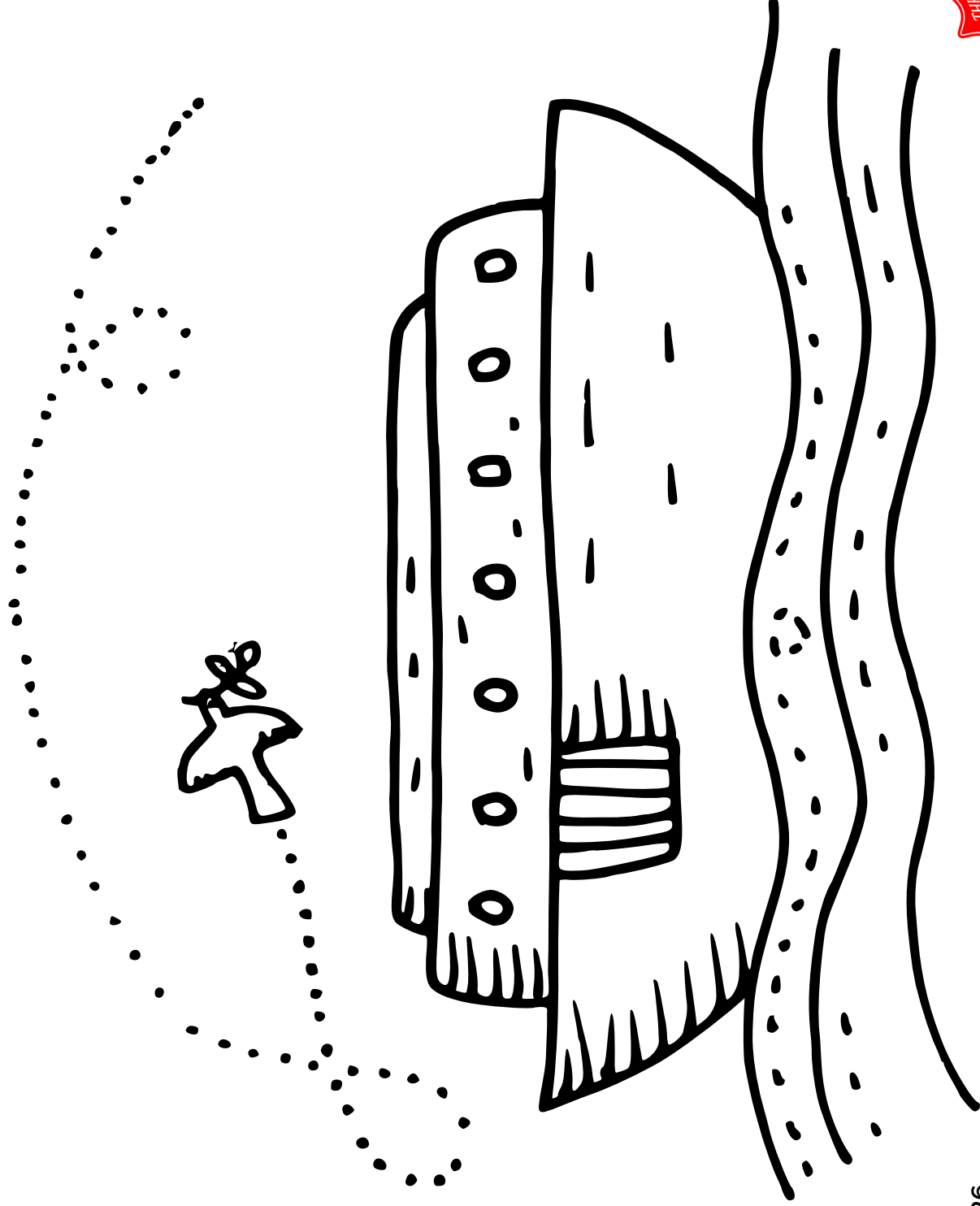
Action it

Games and activities to reinforce the Bible passage:

- **Make:** Using seven different-coloured sheets and glue sticks, cut strips of paper to create a rainbow paper chain. Children can work together to create a beautiful decoration.
- **Play:** Get a collection of different toys, eg blocks, pompoms, balls, lollipop sticks, cars etc, and see if they can be sorted into seven colour categories.
- **Pray:** Holding a mirror, talk about God's goodness. Everyone can take turns looking at themselves. Remind the group that when God made people, he said they were good. Talk about how we can show (or reflect) God's goodness to others. Listen to the music as you look in the mirror. You could 'make the rainbow' again and ask the group to listen and watch as they talk and listen to God.
- **Listen:**
'Goodness of God' lyric video by Kids Sing Praise
- **Try:** Getting creative with the 'Noah's Ark' colouring page.

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Explore it **Light**



January 2026



Children
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God Provides for Abraham's Sacrifice



Bible verses:
Genesis 22



Aim:
To ask our honest questions



Today's fruit:
Faithfulness



Memory verse

'Let us hold firmly to the hope that we have confessed. We can trust God to do what he promised.'

(Hebrews 10:23 ICB)



Start it

Explain that while people can't always keep their promises, God always does. The rainbow story from last week is a reminder of this. Has anyone heard the word 'covenant'? I wonder what it means? God made a covenant (special promise) with Noah, and the rainbow was a reminder of that promise (covenant). In The Salvation Army we have a special day called Covenant Sunday, when we remember God's special promises to us and think about how we want to respond.

Have three different-sized objects – small, medium and large. Ask what different types of promises we make and use the objects to represent whether we think it is a small, medium or big promise. For example: 'I promise to look after your pet' – is this a small, medium or big promise? Maybe all promises are big promises?



Share it

Using The Bible App for kids (www.bible.com/kids) download story 5: 'Abraham's Big Test'. Use the app for an interactive Bible story or watch the video on YouTube below.

Abraham's Big Test, Bible App for Kids by Lifekids (1:51)

Ask:

- What does this story teach us about God's promises?
- Have you had to trust God even though you didn't understand everything?



Sing it

'Yancy & Little Praise Party - There Are Promises' by YancyNotNancy*

Shout Praises Kids - 'Way Maker' by Shout Praises Kids



Action it

Games and activities to reinforce the Bible passage:

- **Make:** Using dark-coloured paper and white paint / chalk / star stickers, create a collage to remember God's promise to Abraham that was fulfilled.
- **Play:** A game of follow the leader.
- **Pray:** Faithfulness means trusting that God keeps his promises and remembering that his love never changes. Abraham showed faithfulness when he trusted God to provide for him and his family. Draw a picture or write names of your family. Put them in the middle of the circle and pray that God would look after everyone's families and friends.
- **Try:** Getting creative with the 'Abraham' colouring page.

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January 2026



Children
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Making Wise Choices Like Solomon

**Bible verses:**

1 Kings 3:4-12, 17-28

**Aim:**To make wise decisions
like Solomon**Today's fruit:**

Peace



Memory verse

'Let us hold firmly to the hope that we have confessed. We can trust God to do what he promised.'

(Hebrews 10:23 *ICB*)

Start it

Play a game together. Using four different-coloured hoops/paper/cones, place them in different places in the room with plenty of space around each. One child or a leader will turn around and close their eyes and count to ten. While they are counting, everyone else chooses a colour and stands next to it. With their eyes still closed, the person counting shouts out a colour. All the children who are standing on that colour are out. The game continues until you have one winner.

Talk about making decisions. What was the consequence of making the 'wrong' decision? Can you think of other examples of making choices?



Share it

Watch:**'Solomon asks for Wisdom'** by Saddleback kids**Ask:**

- Why might Solomon have asked for wisdom?
- I wonder if you could ask God for one thing, would it be wisdom – or something different?
- I wonder why, in Solomon's dream, God also gave him riches?



Sing it

'Yancy & Little Praise Party - There Are Promises' by YancyNotNancy***Shout Praises Kids - 'Way Maker'** by Shout Praises Kids



Action it

Games and activities to reinforce the Bible passage:

- **Make:** Create paper crowns which can be decorated. You could add the word 'wisdom'.
- **Play:** Give the children small toy characters which they can use to re-enact the story, or role-play scenarios about making good choices. For example, using the toys, show me someone making a good choice to share with another one.
- **Pray:** Remember together the story of Solomon. Say that Solomon was a king (do an action of putting a crown on your head), and he asked God for wisdom to make good choices (put your hands on your heart). Ask the group to do those two actions together. Say that you're going to say a prayer, and if the children want to ask God for the gift of wisdom, they can choose to put their hands on their hearts.
- **Try:** Get creative with the 'God's gift of Wisdom' colouring page.

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David's Gift and God's Promise

**Bible verses:**

1 Samuel 16:1-23

**Aim:**To see that God sees
within a person**Today's fruit:**

Goodness



Memory verse

'Let us hold firmly to the hope that we have confessed. We can trust God to do what he promised.'

(Hebrews 10:23 *ICB*)

Start it

Cut out a heart shape and attach one edge to a piece of paper so that you can lift the heart and look underneath. Beneath the heart, write 'God' in the middle, and words around it like loyal, love, sorry, trust. Present the heart shape and explain that today's story is about someone called David, and what his heart was like. This means we are going to find out what kind of a person he was. What might be good words to describe someone? Allow the group to share their ideas but don't show them the hidden words yet.



Share it

Using The Bible App for kids (www.bible.com/kids) download story 15: 'Stones, Slings and Giant Things'. Use the app for an interactive Bible story or watch the video on YouTube.

Watch:**Stones, Slings and Giant Things, Bible apps for Kids** by LifeKids (watch 0:00-0:39)

Ask the group:

- I wonder what David's heart was like if God wanted him to be king?
- I wonder what sort of words could describe him?

When you've made suggestions, open the heart and talk about the words written under the shape. Are there any more that you could add together?

God can see all these things and knows what we are like because he loves us.



Sing it

'Yancy & Little Praise Party - There Are Promises' by YancyNotNancy***Shout Praises Kids - 'Way Maker'** by Shout Praises Kids

Action it

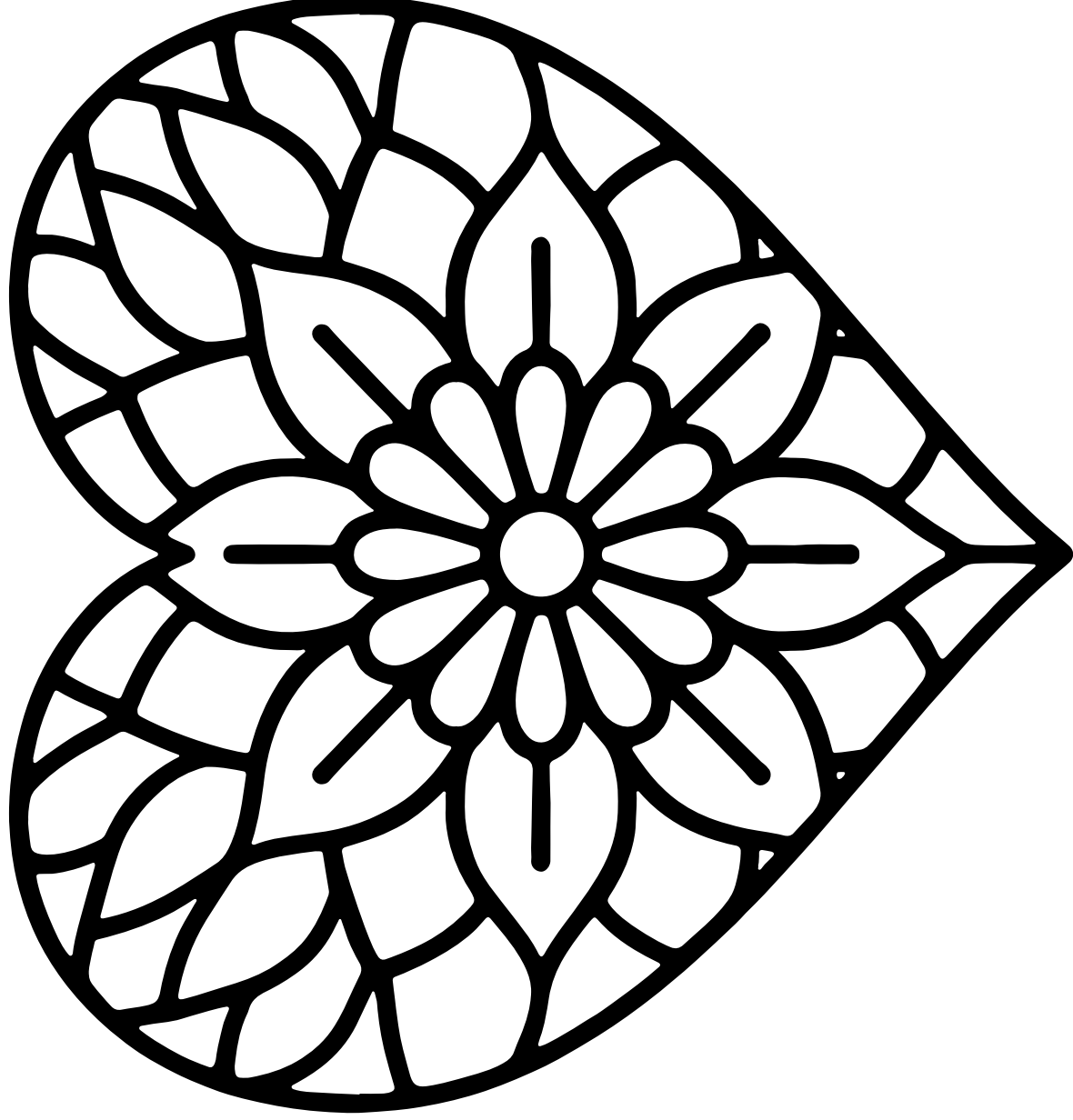
Games and activities to reinforce the Bible passage:

- **Make:** your own heart shapes with words that describe you.
- **Play:** Guess who. Everyone sits in a circle and the leader says, 'I'm thinking of someone who is ...' and then says a positive description based on one of the people in the group. The group then guesses who they are thinking of. Make sure everyone in the group gets a positive description said about them, so they all have a turn.

- **Pray:** Explain that you are all going to say a simple prayer together: 'Thank you, God, for knowing my heart. Amen.'
- **Try:** getting creative with the 'David's heart' colouring page.

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