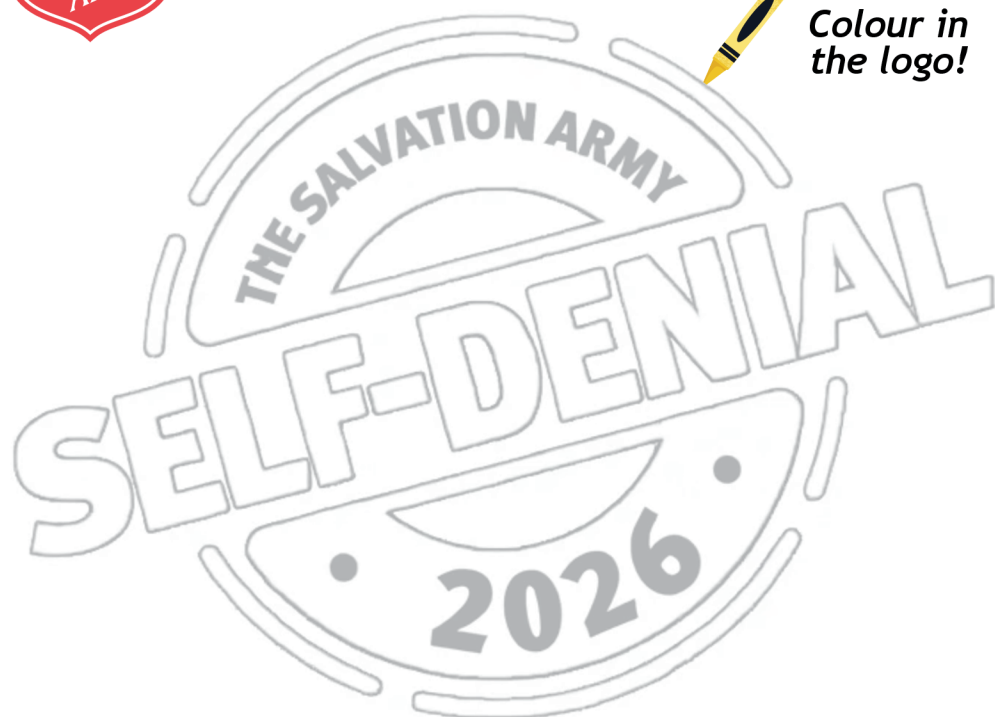




ACTIVITY SHEET WEEK 1



Colour in the logo!



***Answer the questions below
based on the video:***

1. Where are the 2026 Appeal videos set?



2. What year was the first Self-Denial Appeal?



3. Over the last five years, how much money has been raised for the Self-Denial Appeal?



What does self-denial mean to you?



Can you think of anything you'd be willing to give up to raise money for the Self-Denial Appeal?



Answers: 1. Estonia; 2. 1886; 3. over five million pounds.



ACTIVITY SHEET WEEK 2



*Answer the questions below
based on the video:*

1. What is the house called where the men go for rehabilitation?



2. How long does the rehabilitation course last?



3. What work do the men do?



4. What type of food does Marat cook?



L	O	A	A	I	T	P	Y	R	A	S	U	R	O
N	H	R	E	C	R	I	S	R	H	T	O	E	P
G	A	I	C	A	A	R	N	E	M	R	C	H	Y
N	N	T	M	R	N	H	O	Y	A	E	N	A	T
P	E	A	I	E	S	R	I	A	T	N	O	B	I
I	A	D	R	N	F	N	O	R	F	G	T	I	N
R	N	D	H	A	O	A	I	P	A	T	M	L	U
R	E	I	O	I	R	I	E	N	I	H	I	I	M
E	S	C	P	H	M	T	A	R	T	N	N	T	M
O	R	T	E	E	A	P	A	T	H	D	R	A	O
O	T	I	D	C	T	D	A	R	T	S	S	T	C
R	D	O	R	D	I	T	U	R	C	O	O	I	A
M	I	N	R	I	O	O	H	Y	C	U	U	O	T
R	R	T	N	O	N	F	H	I	T	P	O	N	I

*Find the
words
below*

ADDICTION

HOPE

FAITH

STRENGTH

SOUP

PRAYER

CARE

COMMUNITY

REHABILITATION

TRANSFORMATION

How did this week's video make you feel? Why?

Answers: 1. Hope House; 2. Nine months; 3. Potato peeling and wood chopping; 4. Soup.



ACTIVITY SHEET WEEK 3



Draw your own friendship bridge.

How did this week's video make you feel? Why?

***Answer the questions below
based on the video:***

1. What is the population size in Narva?

 _____

2. What country is next to Narva?

 _____

3. When did The Salvation Army start its work in Narva?

 _____

4. Why does Olga run outdoor sessions in the park?

 _____

Answers: 1. 50,000 people; 2. Russia; 3. 2005; 4. To build local connections and community.



ACTIVITY SHEET WEEK 4



***Answer the questions below
based on the video:***

1. What is Juri's full-time job?



2. What do the leaders want the children to know?



3. What is one of the highlights of the week?



4. Where does everyone go on the last night?



***Use this space to write a prayer for the
children and volunteers in Estonia.***

AMEN!

How did this week's video make you feel? Why?



ACTIVITY SHEET WEEK 5



True or False

Circle whether the statement is true or false.

TRUE

This year's Self-Denial Appeal was filmed in Estonia.

FALSE

TRUE

Narva is on the border of Spain.

FALSE

TRUE

Hope House is a rehabilitation centre.

FALSE

TRUE

The Self-Denial Appeal brings hope to communities around the world.

FALSE

Create a picture or write a prayer about this year's Self-Denial Appeal.

How did this week's video make you feel? Why?