

Vision and Commitment 2018 A year to focus on discipleship



CAST Narrator Helen God

Putting First The top of the list!

Narrator:	It's Helen's day off, and after a thought-provoking sermon in yesterday's meeting, she has decided that today is the day that she will start the new devotions book that she was given some months before, and spend some quality time with God. She <i>will</i> do it. She just has a few other things on her list to do first!
Helen:	OK, first thing on the list is the ironing. I can't stand ironing!
	Right, if I put the telly on at the same time it will go quicker.
	(mimes turning the telly on and then mimes ironing)
Narrator:	(In a TV presenter-like voice) Stay connected with BT infinity. Be together BT.
Helen:	That reminds me of the BT adverts in the good old days. It wasn't 'Stay connected' then, it was 'It's good to talk'.
God:	(mouths 'It's good to talk' the same time that Helen says it.)
Helen:	No one ever talks to each other anymore. It's always emails, text, Facebook
	Oh, it's <i>Catchphrase</i> ! I love this - 'Say what you see, say what you see' (<i>Irish accent</i>)
	Oh, it's a branch in the shape of a bridge and it's got olives on.
	lt's, it's an olive branch!
God:	(mouths 'An olive branch' the same time that Helen says it.)
Helen:	Right, ironing done. Tick. Now I have enough time to do that devotions book before I go off to Zumba. Well, I do fancy a cup of teaNo, I think it would be better if I did the hoovering. I don't want to rush my time with God.





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	(Mimes getting out the vacuum cleaner and mimes hoovering. Starts humming the songster song 'Rest' - If the song is unknown choose another one that talks about spending time in God's presence.)
	I just can't get that songster song from Sunday out of my head.
	(sings) 'Rest, the Lord is near, refuse to fear, enjoy his love. Trust his mighty power fills every hour of all your days.'
God:	(mouths 'Rest, the Lord is near, refuse to fear, enjoy his love. Trust his mighty power fills every hour of all your days.' at the same time that Helen sings it.)
Helen:	I'd love to rest right now, but hey ho - off to Zumba.
	(Walks off stage and walks back on with leg warmers on. Does rapid crazy Zumba moves and exaggerates being out of breath)
Narrator:	(in Zumba teacher-like voice.)
	OK guys, the next routine is 'Love me like you do' by Ellie Golding (<i>If song is unknown, choose one that talks about love</i>). Come on, let's really work it. Sing along if you know the words
Helen:	(Sings whilst doing Zumba moves.)
	Love me like you do, la la, love me like you do. Love me like you do, la la, love me like you do. Touch me like you do, ta ta, touch me like you do. What are you waiting for?
God:	(<i>mouths</i> Love me like you do, la la, love me like you do. Love me like you do, la la, love me like you do. Touch me like you do, ta ta, touch me like you do. What are you waiting for' (at the same time that Helen sings it.)
Helen:	What am I waiting for? I'm waiting for this routine to finish so that I can rush home and get showered before I nip to the shops.
	(Text message alert.)
	Oh, it's Julie again. (<i>Reads text</i>).
	'Can we meet up to chat sometime soon?'
God:	(mouths 'Can we meet up to chat sometime soon?' at the same time as Helen says it.)





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Helen:	Nothing big, just want to see how you are doing. I know you are very busy, but we don't seem to have caught up in ages.
God:	(mouths 'Nothing big, just want to see how you are doing. I know you are very busy, but we don't seem to have caught up in ages.' at the same time as Helen says it.)
Helen:	Oh Julie, I'd love to! I just don't know how I can squeeze it in.
	Right, OK, home. (car action). Shower. (shower action)
	Now have I got time to go to the shops before I pick up the kids? Yep, if I go right now I'll grab a sandwich en route.
	(Walks out and then walks back in with a Tesco - or similar - carrier bag.)
	OK kids - thirty minutes' play before tea.
	(Picks up bag of food)
	Every little helps.
God:	(mouths 'Every little helps.' the same time that Helen says it.)
Helen:	I wish someone would help me a little.
God:	(shakes his head and smiles.)
Narrator:	(in childlike voice) Mum, I'm in bed. Will you come and read me a story?
Helen:	Coming! What have you chosen? 'Guess how much I love you'? One of my favourites!
	(skips to the last page)
	'Guess how much I love you? To the moon and back.'
God:	(mouths 'Guess how much I love you? To the moon and back.' at the same time that Helen says it.)
Helen:	(walks off and back on.)
	OK guys, don't forget prayers, and then lights out.
	(Sits down.)
	Now for my devotions





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You know what, I'm too tired. I don't think I'll be able to concentrate. God deserves better than that. I'll do it tomorrow when I'm feeling fresher. I'll put it at the top of my list!

Narrator: Even when Jesus was at his busiest, he made time to go and pray and be with his Father. After performing the miracle of the feeding of the five thousand, Jesus took himself away from the crowds to spend time with his Father. He told others to do the same, and this is what we should do. No matter how busy we are, finding time to be with God should be at the top of our list as his disciples!

