



# Harvest

## PRIMARY ASSEMBLY

### Additional Resources

PowerPoint presentation

Display of harvest donations

A selection of seeds and beans, a small toy car, a battery, a remote control

### Sowing Seeds

#### Aims

To understand that most food grows from seeds

To reflect on what we can do for ourselves to become better people

### Introduction

*Welcome children and teachers to assembly and introduce yourself.*

I've come today to take part in your harvest service. Look at all the food you have donated! Thank you.

Where did all this food come from? *Take a variety of answers.*

### Main Talk

Most of the things we eat started by being grown in a farm. *Hold up some examples from the harvest table and talk about them.*

If we would like to eat some... *carrots*, then the farmer plants some *carrot* seeds, which grow into *carrot* plants. Then when they are ready, we can eat *carrots*.

If we would like to eat some... *beans*, then the farmer plants some *beans*, which grow into *bean* plants. Then when they are ready, we can eat *beans*.

So, I plant in the ground carrot seeds and I get carrots. I plant beans and I get beans... I wonder... I know! I need a new car! So if I plant this toy car - *show the toy car* - I'll be able to get a new large car!

My... *son* would like a new... *X-Box*. So if a plant this battery - *show the battery* - I'll be able to get a new one!

So if I planted this... remote control - *show the remote control* - I could get...? What? What's wrong? *Give pupils time to respond to your actions and to explain the error of your plan.*

I think I understand how it works now. Thank you for explaining it to me.

It's only food that is grown. And carrots come from carrot seeds. Beans come from bean seeds, and so on.

But what about this... *cake*? *Show a baked product from the harvest display.* This is food. Did this come from a *cake* seed? *Take a variety of answers.*

A variety of food can be grown to make something new. **Flour** - which is grown from wheat - is added to **sugar** - which is grown from sugar cane - is added to **butter** - which is grown from cows! No, I mean, is added to butter which is made from the milk cows give.





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You can add ingredients grown from many different seeds together to make something new.

Look at the size of the seeds. *Show the seeds.* From these small seeds, plants can grow. Isn't that amazing!

But what about the seeds we are planting right now? Did you know that you are planting seeds? I don't mean the type of seeds that grow into food. I mean a different type of seed, one I can't hold in my hand.

You are all growing and changing. Growing in body - you are getting taller every year. Growing in mind - you are learning new things all the time at school. Growing as a person - you are becoming the type of person you will be.

So what kind of seeds are you planting?

If you want to be a... footballer, then you learn how to kick the ball, how to shoot, how to pass, lots of little things that help you become a footballer. You plant lots of little seeds and add all these together, and that helps you grow into a footballer.

So if you want to be a kind person, what kind of seeds will you need to plant? What little things could you do now to grow into a kind person? *Take a variety of answers.*

So if you want to be a better person, what kind of seeds will you need to plant? What little things could you do now to grow into a better person? *Take a variety of answers.*

There's another side of this too. What if the seeds that are being planted are not so nice? What if the little seeds are things that upset other people? Or if they are seeds that are not helpful to us? What kind of seeds are they? *Take a variety of answers.* What if - *repeat some of the answers* - are the seeds that are sown? What, then, will be grown? *Take a variety of answers.*

## Christian Perspective

Christians also plant little seeds. The Bible says that the fruit that Christians should be trying to grow is: **love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self-control (Galatians 5:22-23).** I wonder what seeds need to be planted for these to grow?

## Challenge and Reflection

Take a moment to think about what kind of person you would like to be. What kind of seeds will you need to plant? What little things can you do that will help you grow into that person?

*Pause for short reflection time.*

*Thank children and staff for letting you be a part of their assembly today.*