



# Week 12: Monday

# **FAMILY PRAYERS AND GRACES**

## **Morning Prayer**

Our Heavenly Father, we come before you to thank you for this new day.

Thank you for a good night's rest and for all the opportunities that today will bring – so many opportunities to love and serve you by loving and serving those we will meet today.

Thank you for loving us unconditionally, even in those times when we let you down.

We pray and believe that today will be a good day.  
AMEN.

## **Grace**

May God, the giver of all good things,  
Bless this food and those who eat it. AMEN.

## **Evening Prayer**

Dear Father, we really hope that you were pleased with us today. Thank you for helping us especially when things were hard. We all did our best to serve you and we are truly sorry for anything we did which disappointed you. We love you, Lord, and we love each other. Keep us close.

In Jesus' name. AMEN.





# Week 12: Tuesday

# **FAMILY PRAYERS AND GRACES**

## **Morning Prayer**

As we pray together this morning as a family,  
Give each of us eyes to see the best,  
Hearts that forgive even the worst,  
Minds that forget the bad,  
And souls that never lose faith in you. AMEN.

## **Grace**

Lord Jesus, be our holy guest,  
Our morning prayer,  
Our evening rest.  
And with this daily food, impart  
Your love and grace to every heart. AMEN.

## **Evening Prayer**

Dear Father, you have given to us another day of life  
to be the people you created us to be. Thank you for  
allowing us time to enjoy your sunshine, our family,  
your word and Jesus today! It truly was another  
great day because you were in it, Lord.  
We are so thankful for all of the blessings  
you have given to us today. AMEN.





# Week 12: Wednesday

# **FAMILY PRAYERS AND GRACES**

## **Morning Prayer**

Father, guide us through this day  
In your loving kindly way.  
Place your love inside our heart  
And keep us faithful from the start. AMEN.

## **Grace**

Whatever I eat is of God and from God,  
And is mine as I am his. AMEN.

*Rev J.B. Gower (a Hindu grace)*

## **Evening Prayer**

Father, thank you for today –  
You've been with us all the way.  
Keep us safe, Lord, while we sleep,  
As a shepherd guards his sheep. AMEN.





# Week 12: Thursday

# **FAMILY PRAYERS AND GRACES**

## **Morning Prayer**

Dear Jesus, you are the rock upon which this family stands.

We know that you are with us always,  
And that you are the same yesterday, today and forever.

Please give us a good day today,  
A day filled with praise for you and your peace for us.  
AMEN.

## **Grace**

O Father God, who feeds the little birds,  
Bless our food and accept our thanks. AMEN.

## **Evening Prayer**

May the God of peace bring peace to this house.  
May the Son of peace bring peace to this house.  
May the Spirit of peace bring peace to this house,  
This night and all nights. AMEN.

*John Birch, [faithandworship.com](http://faithandworship.com)*





# Week 12: Friday

# FAMILY PRAYERS AND GRACES

## Morning Prayer

Our Father in Heaven,  
We pray that your name will always be kept holy.  
We pray that your Kingdom will come –  
that what you want will be done here on earth, the  
same as in Heaven.

Give us the food we need for today.

Forgive our sins, just as we have forgiven those who  
did wrong to us.

Don't let us be tempted, but save us from the Evil One.  
For the Kingdom and the power and the glory belong  
to you forever and ever. AMEN.

*(Matthew 6:9-13 ERV)*

## Grace

The bread is pure and fresh,  
The water cool and clear.  
Lord of all life, be with us.  
Lord of all life, be near. AMEN.

*Rev J.B. Gower (an African grace)*





# Week 12: Friday

# **FAMILY PRAYERS AND GRACES**

## **Evening Prayer**

Father, we thank thee for the night,  
And for the pleasant morning light;  
For rest and food and loving care,  
And all that makes the day so fair.  
Help us to do the things we should,  
To be to others kind and good,  
In all we do, in work or play  
To grow more loving every day. AMEN.

*(Anon: variation of a popular prayer)*





# Week 12: Saturday

# **FAMILY PRAYERS AND GRACES**

## **Morning Prayer**

Good morning, Lord! Today's a new day, a chance for a new start. Yesterday is gone, and with it any regrets, mistakes or failures we may have experienced. It's a good day to be glad and give thanks – and we do, Lord. Thank you for today, a new opportunity to love, to give, and to be all that you want us to be. AMEN.

*Rebecca Barlow Jordan*

## **Grace**

Dear Lord,  
Bless our food,  
Guard our family,  
And keep us close.  
For Jesus' sake. AMEN.





# Week 12: Saturday

# **FAMILY PRAYERS AND GRACES**

## **Evening Prayer**

Lord, be beside us all every day,  
Guiding and leading us gently always.  
Lord, be above us; help us to see  
The hope of the future, of all we could be.  
Lord, be beneath us; carry us when  
We're too shattered or tired to really have strength.  
Lord, be ahead of us, smoothing our paths,  
Protecting and blessing the places we pass.  
Lord, be behind us, healing our wounds,  
Forgiving our mistakes and making us new.  
Lord, be within us; this family is yours.  
Now and for ever, you are our Lord. AMEN.







# Week 12: Sunday

# **FAMILY PRAYERS AND GRACES**

## **Morning Prayer**

Father, we praise you for the sky and sun, for both remind us of a new day's challenge and chance to chase you. Thank you for reminding us life is not always easy, but that we don't have to carry the hard into each new day. Forgive us for dwelling on the past and for holding on to grudges. Bless our hearts to be held back by nothing as we seek you each day.

In Jesus' name. AMEN.

*Meg Bucher, crosswalk.com*

## **Grace**

Jesus, thank you for this food,  
And for your presence with us always. AMEN.

## **Evening Prayer**

Bless this house and those within,  
Bless our giving and receiving.  
Bless our words and conversation,  
Bless our hands and recreation.  
Bless our sowing and our growing,  
Bless our coming and our going.  
Bless all who enter and depart;  
Bless this house, your peace impart.  
AMEN.

*John Birch, faithandworship.com*

