

Explore It TOGETHER

AUGUST
SESSION 03

I CAN MAKE A DIFFERENCE

 2 Kings 5:1-19 The Little Servant Girl

Here are some ideas and activities you could do as a family



Play

Make a long line through your room or across your garden with masking tape.

Name one side of the tape the river and the other side the bank. Ask all your family members to line up along the line. Choose one person to shout out the commands – either 'river' or 'bank'. If they shout 'river', you must all jump forward across the boundary line into the river. For 'bank', you must all jump back to the bank. If someone jumps when they are not supposed to (or fails to jump on time), they are out!



Investigate

As a family talk about any injustices that you feel strongly about, then discuss what you could do to make a difference. For example:

- ➔ Write a letter to an MP, the PM, your headteacher or a newspaper. The letter should say what the issue is, what harm this is causing, how you feel about it, and what you want them to do about it.
- ➔ Make a poster to raise awareness about the injustice.

If you have more time, consider exploring:

- ➔ Modern slavery. Human trafficking is nothing new. The servant girl in today's story was taken from her home and forced to work for a foreign employer. More info here: www.salvationarmy.org.uk/modern-slavery
- ➔ Malala Yousafzai, the young Pakistani activist for female education. Malala's website, www.malala.org and the BBC Newsround page, www.bbc.co.uk/newsround/46865195 are good places to start reading more about Malala's story.



Serve

Acts of Random Kindness Challenge.

An act of random kindness (ARK) is something that is unexpectedly done by a person in an attempt to help someone else. Choose two people you would like to help during the next week and think about what action you could take to show kindness towards those people. You could also share the idea of ARKs with some of your friends. Watch the video: <https://www.youtube.com/watch?v=80x9FmKsyg4> for more information.



Memorise

Challenge your family to memorise 2 Kings 5:15.

'Now I know that there's no god in the whole world, except the God of Israel' (*God's Word translation*).



Explore

Take a walk or drive to a nearby river.

If the water is safe, you could paddle with wellies or even swim. Sit next to the river, play Pooh sticks or other river games. Talk about whether the water looks clean. You could scoop a little of the water into a jar to look more closely. Chat about how Naaman didn't want to wash in a river he thought was dirty, but when he decided to follow Elisha's instructions he was healed.



Watch

Watch The Starfish Story together.

<https://www.youtube.com/watch?v=PkV0jvmBLOc>. Chat together about how one small boy made a difference.