

# Explore It FOR ME

SESSION  
10

## A LOVE FOR ME

 John 3:1-21 Jesus teaches Nicodemus

Here are some ideas and activities you could do on your own



### Bake

Bake some heart-shaped cookies or use some icing to decorate some biscuits with the words 'God Loves Me!'



### Share

Make lots of heart stickers (use some paper and Sellotape if you don't have any stickers). Go around your family and see how many heart stickers you can stick on each person before they notice! When they spot you, say 'God loves you and me!'



### Sense

Take a long deep bath with lots of bubbles. As you lie down in the bath, feel the warm water wash all over you and imagine that you are floating in God's love for you.



### Write

Write a quiz for your family. Include some really difficult questions!



### Draw

Draw a self-portrait (a picture of yourself). Draw yourself wearing a T-shirt with the words 'God Loves Me' on it.



### Create

Cover your feet in paint and make a poster out of your footprints. Paint on your poster the words 'God Loves Me Toe-tally!'



### Watch

Watch this Veggie Tales collection: 'God Loves You Very Much'. This has four short stories about God's love for us. <https://www.youtube.com/watch?v=Fhwi5IzyZDE>



### Memorise

'The Father has loved us so much!  
He loved us so much that we are called children of God. And we really are his children.'  
(1 John 3:1 ICB)

#### KIDS ALIVE ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

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