

# Explore It FOR ME

SESSION  
13

## A LOVE FOR US

 **Mark 4:35-41 Jesus Calms the Storm**

Here are some ideas and activities you could do on your own



### Bake

Create an edible 'sea' or 'lake' on a plate as follows:

Use shredded lettuce to form the water of the lake and a slice of tomato to be a red sun. Use cucumber and peppers to give the water depth - or create cucumber green clouds.

Place a rectangular slice of cheese on the lettuce to be a boat and a slice of ham above it to be the sail. Take a photo - then eat it up!



### Create

Paint some rocks to act as a reminder that we can put our faith and trust in Jesus. Ask an adult to help you find some encouraging Bible verses that speak about us trusting God and God's faithfulness, such as: Psalm 46:1; Proverbs 3:5; Isaiah 41:10.

Paint some stones or pebbles and write one of these verses on them as a solid reminder that we should put our trust in God. You could also choose phrases from these verses such as 'Jesus brings peace' or words such as 'Trust'. You could either give them to people you know, or hide them in the local area for other people to find them. Think about what it means to encourage one another to put our faith in Jesus.



### Investigate

Could you ask an adult to help you try some stop-motion animation? (Find out how here: <https://tinkrlab.com/easy-stop-motion-animation-kids/>) You could film a scene from the Bible story about Jesus calming the storm, or any of the other Bible stories we have read together this month. There are some apps that will help you do this.



### Play

Create a scene from the Bible story about Jesus calming the storm using Lego or other building bricks, or out of your other toys. Or build a big 'boat' out of household items for your toys to sit in.



### Build

Make a boat out of paper. Ask an adult to help you search on YouTube for instruction videos. You could try different designs and see what design floats in water the best or for the longest.



### Share

Think of someone you know who is going through a 'stormy' time right now. What could you do to encourage them and remind them that Jesus loves them and is with them always?

## KIDS ALIVE ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic - is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

