

Explore It FOR ME

SESSION
03

HOPE IN JESUS TEACHES ME PATIENCE

 **John 14:1-13: Jesus comforts his disciples**

Here are some ideas and activities you could do on your own



Sense

If you have a garden find a quiet spot to sit so you can read the story again or perhaps listen to the song 'My Hope Is in The Lord' again. As you do, maybe you can notice the beautiful things around you and draw what your mind is thinking. You could take some things from nature such as earth, grass or pebbles and create a picture.



Create

Create the scene of The Last Supper in Lego, or plasticine, or any other materials you may have. As you do this remember the story of Jesus having a meal with his friends, giving them hope for the future even though they have some difficult times to get through.



Draw

Draw a picture then paint it with lots of different colours. But be patient as you wait for each colour to dry so it doesn't run and spoil your finished piece.



Build

Take a pack of playing cards. Have a go at building a playing card pyramid. Start small and build up. You will need to be very patient but think about how amazing your pyramid tower could look with four layers. Or five layers. Or more. Could you take a photo and challenge a friend to do the same?



Play

There is a great card game called Patience which you can play on your own. Look up the rules with a grown up and then teach yourself.



Share

Draw a picture for someone else to colour. Include a Bible verse at the bottom. Ask them to colour it in and give it back to you.

KIDS ALIVE ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

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