

Explore It FOR ME

SEPTEMBER
SESSION 04

PRAYING FOR CHANGE

 Exodus 3:7-12 God tells Moses to rescue the Israelites

Here are some ideas and activities you could do on your own



Draw

Take an A4 sheet of paper so it's widest left to right ('landscape'), and draw a line down the middle of the page so you have two halves. On the left-hand side draw a picture of the Ultimate Rescuer - it can be based on a real person or a real job, or be a fictional hero or heroine who rescues people in need. What equipment and qualities do they have? Label these on the picture. Then, on the right-hand side, draw a picture of yourself. What tools and qualities do you have? Finally, write the word 'RESCUERS' in capital letters across the top of the page, to remind you that God calls us to rescue others.



Write

Thinking about slavery might have made you feel certain emotions that are uncomfortable for you. Some people find it helpful to work through this discomfort by writing down their thoughts and feelings. Take a piece of paper, or use your diary if you have one, and get those thoughts and feelings out, whether that's by writing a list, a poem or a letter to God. Ask God to help change any negative feelings into positive actions you can take.



Pray

The fight against human trafficking still goes on, and The Salvation Army is committed to fighting it and to supporting survivors of modern slavery. Take five minutes to pray for victims and survivors of trafficking, for The Salvation Army and other organisations which provide care and support, and for God to increase the compassion of those in our country who have the power to fight modern slavery.



Create

Make some badges or stickers and give them to people to remind them that we can all do something about human trafficking. One method is to stick a folded-up hoop of sticky tape on the back of a cut-out piece of paper. You could draw different groceries like sugar, chocolate, tea, bananas or flowers with the phrase 'Choose Fairtrade'. Or write words to do with freedom and decorate them.



Sing

Create a song about freedom and sing it as loud as you can!



Share

Find out how to spot the signs of a potential victim of trafficking, and then share these with a friend at school, so you can help others be informed to spot the signs and potentially rescue others from slavery.

[Visit our website.](#)

KIDS ALIVE! ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic - is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

