CHOSEN

WEEKLY MEAL PLANNER

Faith@Home

WEEK OF_____

SUNDAY
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D

MONDAY
B
L
D

TUESDAY
B
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D

WEDNESDAY
B
L
D

THURSDAY
B
L
D

FRIDAY
B
L
D

SATURDAY
B
L
D

SHOPPING LIST

MEAT/BEANS

VEGETABLES

DAIRY

FRUIT

GROCERY

FROZEN

MISC

THE SALVATION ARMY Family Ministries

Breakfast Lunch Dinner