

Explore It TOGETHER

CHRISTMAS
SESSION 01

HOW CAN I BE JOY-FILLED THIS CHRISTMAS?

 **Luke 1:26-38 An angel appears to Mary**

Here are some ideas and activities you could do as a family



Serve

One way we can be joy-filled is to understand that through our words and actions we can make others happy. Have you made your Christmas list? Did you make a reverse list of the gifts you would like to make or buy your family and friends? Spend some time together thinking about the gifts you may get for others.



Draw

Get a large sheet of wallpaper and ask a member of your family to lie down on it with their arms out. Draw round the person:
➡ from fingertip, around the head, to fingertip
➡ from waist to ankle on each side
Ask the person to stand up and finish the outline to look like they are wearing an angel's robe. Then add in the wings. Cut it out, decorate it together and hang up your own Christmas angel!



Investigate

Do some exploring and make a list together of some Christmas books you want to read, films you want to watch, songs you want to listen to and games you want to play this Christmas which you know will bring joy to your family.



Watch

Watch a film together, or read a book, about the Christmas story.



Memorise

Mary said, 'I am the Lord's servant! Let it happen as you have said' (Luke 1:38 CEV).



Play

Play the game What's in the sock? Fill one thick sock with several objects that you use or see at Christmas time. Tie a ribbon around the opening so nobody peeks. Ask different members of your family to feel the sock and write down as many objects as they can recognise by feel in the sock. The winner is the person who correctly guesses the most things.



Create

Create an edible angel face! Cut paper doilies in half, and set them on a paper plate to make the angel's collar. Place a round slice of pineapple on top of the doily for the angel's head. Use sweets for eyes, nose and mouth, and whipped cream sprinkled with coconut for hair.



Bake

Bake and then decorate some angel-shaped gingerbread biscuits.