

Explore It TOGETHER

CHRISTMAS
—
SESSION 02

HOW CAN I SHARE JOY WITH MY FAMILY THIS CHRISTMAS?

 **Matthew 1:18-25 Joseph accepts Jesus as his son**

Here are some ideas and activities you could do as a family



Bake

Now you've done your investigating everyone's favourite Christmas treats, have fun and joy making and baking together. (Don't forget to help your family clean up.)



Sing

Many people won't be able to hear Christmas carols in the way they normally would this year. Why not try a family sing-a-long (you can find lots of free backing tracks online - or maybe one of you plays piano or guitar) and record yourselves singing your favourite carol and send it to your wider family and friends to enjoy.



Investigate

What makes your whole family laugh? How can you make sure you laugh together over Christmas?



Watch

Watch some Christmas adverts from previous years and talk together about the messages behind the adverts.



Pray

Pray together for people who don't feel like celebrating much this Christmas, whether because they have lost loved ones, or have struggled financially due to the pandemic.



Memorise

'She will give birth to a son, and you will name him Jesus, because he will save his people from their sins' (Matthew 1:21 NCV).



Create

Create a reverse Advent calendar together. Begin with an empty box. Every day for 24 days, add one item a day. After 24 days when the box is full, donate it to your local food bank or another charity of your choice. If you do an internet image search you will find lots of ideas.



Sense

Turn a walk into a winter scavenger hunt and enjoy seeing, hearing, smelling, touching (perhaps not tasting!) the joy of nature this winter.