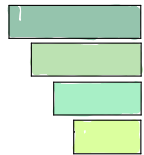


WITH
MIRIAM SWANSON

EPISODE 13

THE
ALL
TERRAIN
-Podcast-



HOW DO WE FACE CHANGE?

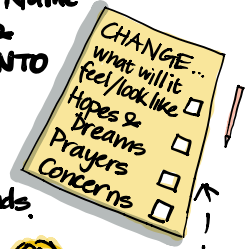
THERE IS A DIFFERENCE BETWEEN CHANGE THAT HAPPENS UNEXPECTEDLY



& CHANGE YOU'RE PREPARED FOR



I DO PREPARE FOR CHANGE. I WANT TO METHODICALLY 'NAME' THESE THINGS & INVITE JESUS INTO THE PROCESS!

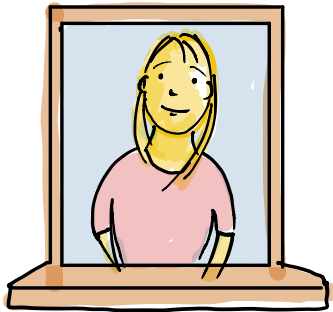


I write, chat to friends, and pray about change



LIVING THROUGH THE CHANGES in 2020

THERE IS NO GOING BACK!

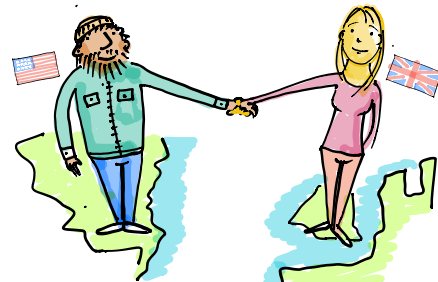


NOR CAN YOU RUSH AHEAD TO A 'NEW NORMAL' THAT DOESN'T YET EXIST!

INSTEAD, YOU TRY TO REMAIN = DEEPLY PRESENT =
Love my neighbour - Don't worry!
- Daily invite to Jesus -



GOD'S HANDS ARE ALL OVER OUR LIVES!
GOD: IMMANUEL
Shaping + molding us!



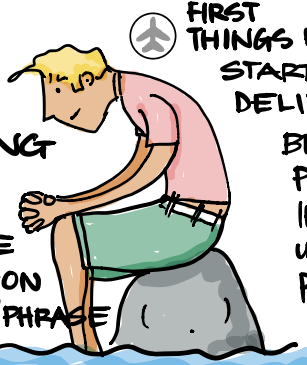
BEEN A HUGE MOVE COMING TOGETHER!
GOD AWARENESS & SELF AWARENESS

~~CIRCUMSTANCES~~ but through them!
Not under

Made a... DIFFERENCE IN MY EXPECTATIONS!

CENTERING PRAYER

20 MINUTES OF SILENCE
FOCUSING ON ONE WORD/PHRASE



Let thoughts flow like sitting in a river

FIRST THINGS FIRST
STARTING MY DAY DELIBERATELY

BE PRESENT to the PRESENCE OF GOD!
It's helped by not feeling under pressure to perform or respond to people!

If the thought or idea is from Him, it will return

STICK WITH IT!!



DON'T BEAT YOURSELF UP IF YOU ARE CONSTANTLY DISTRACTED..



I LOVE SOCIAL MEDIA BUT I CAN TAKE IN EVERYONE'S EMOTIONS LIKE A SPONGE - SO I NEED TO REMIND MYSELF THAT IT'S NOT THE BOSS!! I AM ENOUGH IN JESUS

HOW DO WE MOVE THROUGH SUFFERING?

THIS IS SUCH A MASSIVE QUESTION!



IN 2020 THERE HAS BEEN A WHOLE RANGE OF DIFFERENT EXPERIENCES!



It might not be the end of the world, but neither is it a competition

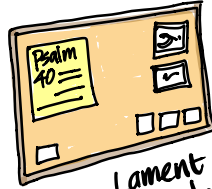
DO NOT BELITTLE YOUR EXPERIENCE

In all experiences turn to the Father!!



YOUR 20'S CAN BE A HUGE DECADE

AS A STUDENT LEAVING HOME IT CAN THROW UP ALL SORTS OF ISSUES!



Lament of Psalms

Promises of Isaiah and Jeremiah



Words of Jesus

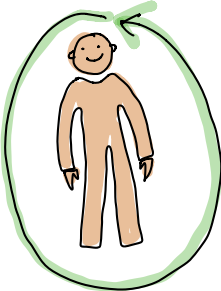


SCRIPTURE HAS BEEN A ROCK FOR ME IN TIMES OF SUFFERING!!

IT'S BEEN SOMETHING TO STAND ON WHEN ALL ELSE IS CRUMBLING, - AROUND ME!

↳ IT'S AN OPPORTUNITY TO DISCOVER WHO YOU WANT TO BE IN THIS MESSED UP/BLESSED UP WORLD

BEN & I BECOME EXTRA PARENTS (at 32 😊!) IT'S LESS ABOUT WHAT WE SAY... MORE ABOUT = Presence - Prayer - Perspective =



GOD IS INTERESTED IN ALL OF OUR LIFE. I HAVE TO REMEMBER THAT PEOPLE ARE NEVER A MEANS TO AN END. THEY NEVER GET IN THE WAY OF YOUR CALLING... THEY ARE YOUR CALLING.



WEDDING VOWS BETTER or WORSE SICKNESS or HEALTH

WHEN BUILDING RELATIONSHIPS YOU HAVE TO BE THERE FOR ALL MOMENTS - Being constant!

JESUS CHOSE TO SPEND TIME WITH PEOPLE WITHOUT A CLEAR RESULT ALWAYS! Woman at well - Pharisees



I BELIEVE THERE IS A WAY TO BE PRESENT WITH OTHERS WITH HIS PRESENCE!

HOW DO WE RECEIVE JOY?

I AM A HOPE FILLED PERSON!
IT'S EASY FOR ME TO SEE
THE BEST IN A PERSON



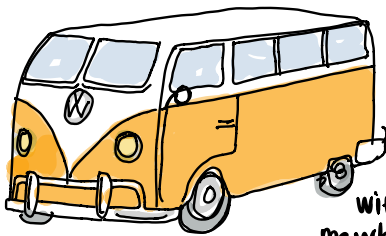
I LOVE SURPRISES

I LOVE SENSING
GOD'S PRESENCE
WHEN YOU LEAST EXPECT IT!

I LOVE IT WHEN YOU FEEL
YOU HAVE CAUGHT THE EYE OF GOD...

= ENJOY THIS MOMENT =

IT'S
AMAZING
WHEN YOU FEEL LIKE
YOU'VE STUMBLER INTO THE
KINDNESS
of GOD!

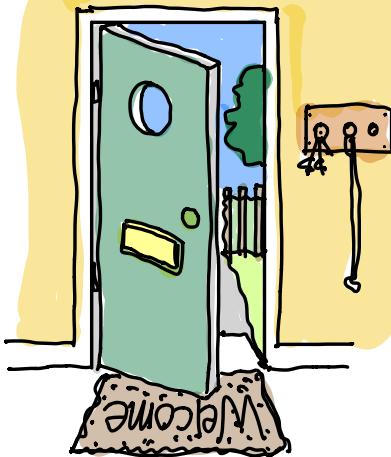


STORY ABOUT END OF
FUSION ROAD TRIP
MEETING KRISS
AKABUSI AT A CAR WASH
I hadn't recognised him but
his story had intertwined
with our family - he had known
me when I was a child!



I was actually preparing to
be sad... as this 2 year time
of intense mission was over.
BUT THE LORD JUST WALKED
STRAIGHT IN WITH JOY
IN AN UNEXPECTED GIFT

STEP OUT OF YOUR
FRONT DOOR...



AND ASSUME
GOD IS GOOD
GOD IS KIND
GOD IS WITH YOU

I WONDER IF ONE OF
THE WAYS YOU
RECEIVE JOY IS
BECAUSE YOU'RE
LOOKING FOR IT !!

You've positioned yourself
in the right direction
Matt White.



THERE IS AN ELEMENT WHERE JOY FEELS SCARY, TOO COSTLY
BECAUSE WHAT IF IT DISAPPOINTS - THE BIBLE SAYS
THAT HOPE DOESN'T DISAPPOINT BUT CERTAINLY WE
OFTEN HOPE FOR THINGS THAT DON'T HAPPEN !!

WHAT DOES IT LOOK LIKE TO HAVE HOPE, TO ASSUME
THE BEST & TO LOOK OUT FOR THE FINGERPRINTS OF GOD
WITHIN THIS WORLD ??

THERE WILL BE PAIN, BUT ALSO JOY!



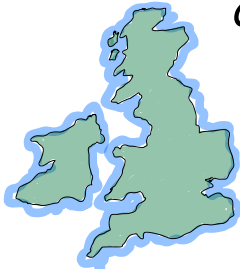
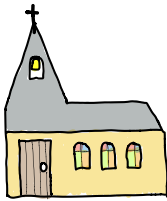
HOW DO WE MATURE in SERVICE?

WE MATURE in SERVICE by DOING IT!

SERVING IS THE WAY of DISCIPLESHIP.

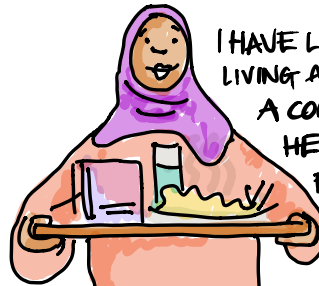


I SO RESPECT RICH, THE LEADER OF FUSION... HIS CHARACTER AND HUMILITY. I LOVE THE WAY HE SERVES HIS FAMILY, HIS CHURCH & NATIONAL ORGANISATION



He is close to Jesus and knows something about the Kingdom. SO... I GOT BEHIND HIS VISION

I GREW INTO MY OWN CALLING, BUT IT CAME FROM SERVING SOMEONE ELSE



I HAVE LEARNT SO MUCH LIVING AMONG PEOPLE FROM A COMPLETELY DIFFERENT HERITAGE & SOCIO-ECONOMIC BACKGROUND

The Muslim family who looked after me, a single woman - they taught me so much!



STUDYING THEOLOGY in my 20's IT HUMBLLED ME & BROADENED MY HORIZONS

Choosing to be brave, to get out of my comfort zone has changed who I am and how I serve others →

THE CHALLENGE FOR STUDENTS AS THEY MOVE FROM HOME TO UNIVERSITY - FINDING WAYS THAT SERVICE CAN BE PART OF THEIR NEW LIFE!

...and when they return home also. Gather them together - share stories + wisdom!



GIVE STUDENTS A REASON TO STAY! GIVE THEM A VISION FOR THE CITY, NOT JUST THE CAMPUS!

WE NEED TO GET STUDENTS INVOLVED AT EVERY LEVEL OF CHURCH LIFE. THEY ALSO NEED A GOOD THEOLOGY OF CHURCH, WHICH IS PEOPLE WORKING TOGETHER. A MOVING MISSIONAL BODY, NOT A SUNDAY SERVICE