

Explore It TOGETHER



GOD HAS A PLAN (ACTION STORY)

 **Luke 5:17-26 Jesus forgives and heals a paralysed man**

Here are some ideas and activities you could do as a family



Play

This game is based on Simon Says. Everyone stands on a mat, or a cushion or pillow case, and does the actions that Simon says. But when Simon says, 'Pick up your mat and walk,' – it is the first one to pick it up, put it under their arm and walk away, who wins!



Watch

Watch an action movie as a family, maybe one of the ones linked to a story in the Bible that is suitable for your age – for example, *The Prince of Egypt* or *Joseph: King of Dreams*.



Read

Why not have a story time together with your family. Find a big blanket or mat to all sit on, take a favourite action book and read it together. Use props if you like for different parts of the story.



Act

Write a list of films or stories you know – maybe ones with great action scenes. Now play a game of Charades so the other members of your family have to guess what it is.



Share

Ask an adult to share a story about their life – maybe call a grandparent or sit with Mum or Dad so they can share a story about their childhood.



Action

Go outside, either in your garden or on a walk, and get active. Imagine you are in a movie, imagine the action that could take place. Maybe you discover something along the route like buried treasure, and enjoy the freedom of being outside.