



EYES WIDE OPEN

Luke 24:13-35 The road to Emmaus

Here are some ideas and activities you could do on your own

Watch

Find a good window in your home where you can observe what is happening outside. Spend some time looking. What do you see?

Investigate

Find a good magnet and investigate what materials in your home are magnetic. What does the magnet do? How does the magnet help us understand God's love for us?

Draw

God made you special and unique because he loves you. Use a mirror to draw a self-portrait and write down what you imagine God seeing when he looks at you.

Serve

Encouragement and kindness are so easy to give yet so often forgotten to do. Look around for opportunities to encourage people this week, and tell or write them a message to show you noticed.

Share

This week be alert to all the ways you can help in your home: lay the table, sort the washing, do some washing up, tidy your room ... What are the things you can do that are unique to your home?

Pray

Through prayer we get to know more about God. Find a stone or pebble to hold as you pray and think about the things which hold you back from spending more time with God.

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