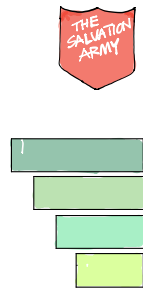




Episode 16
Gavin McKenna

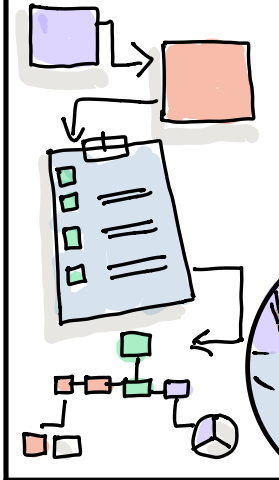
THE
ALL
TERRAIN
-Podcast-



HOW DO YOU FACE CHANGE?

I LOVE STRUCTURE, PLANNING & ROUTINE!

I FIND CHANGE DIFFICULT BUT IT CAN BE POSITIVE EVEN THOUGH IT TAKES A WHILE TO ADJUST

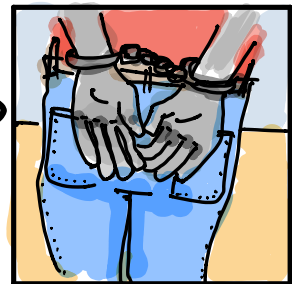
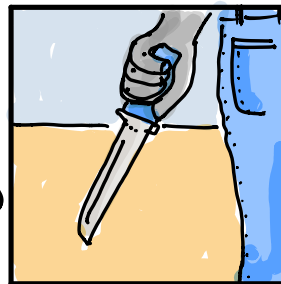
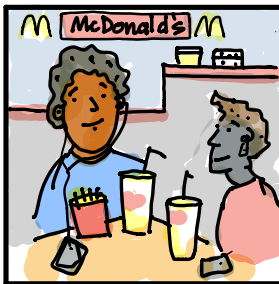


I AM NOT A HEAD-FIRST KIND OF GUY! BUT AFTER CALCULATIONS, DONE & DECISION MADE...



I AM ALL IN! Smash through anything to get it done!

WE HAVE LOADS OF EXCITING THINGS FOR Y.P BUT WE DON'T WANT TO LOSE SIGHT THE FACT THAT FIRST WE MENTOR & SUPPORT Y.P!



I'M TRYING TO SHOW YOUNG PEOPLE TO CALCULATE BEFORE THEY ACT!

THE FACT THAT I AM CAUTIOUS ALLOWS ME TO GIVE YOUNG PEOPLE CONFIDENCE THAT WHEN WE OFFER THEM CHANGE, IT'S...

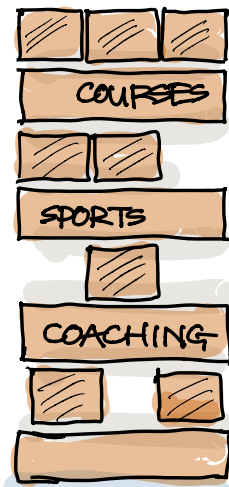
IT'S NOT JUST ABOUT DOING NEW STUFF - MAKE

- Calculated
- Well thought through
- It won't damage them

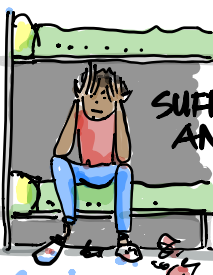
WE SERVE GOD!

WE'RE NOT BUILDING SIDWAYS BUT UPWARD & WE BUILD ON TOP OF WHAT WE ALREADY HAVE IN PLACE ALL ELEMENTS - SPORT, SKILLS, COURSES etc SUPPORT EACH OTHER!

IT'S NOT ABOUT YOU! I DON'T LOOK AT WHAT BUT WHERE!




HOW DO YOU MOVE THROUGH SUFFERING?




LIVING IN A WOMEN'S REFUGE
SUFFERED LOSS/
ANXIETY/FEAR
NO ROUTINE OR BOUNDARIES
Mum: on drugs, strong alcohol

I HAVE SUFFERED DEEPLY
- IT'S ANOTHER FORM OF CHANGE: A POWERFUL TIME OF TRANSITION!




EXCLUDED FROM SCHOOL
THOSE WHO SHOULD'VE BEEN COMMITTED TO HELPING ME... FAILED ME!
Mum: School: M. Health Service




GROWING UP IN NEWHAM
I SUFFERED THROUGH
Racism Financial loss
Lack of opportunity
Negativity + Hope!



GOT MY FIRST JOB WHEN I MOVED TO ESSEX & MET MY BEAUTIFUL WIFE & WE HAD CHILDREN




Teen Challenge
THIS IS WHERE I GAVE MY HEART TO JESUS
I didn't have a drug/alcohol issue - it was because I was involved in gangs - in violence and crime!



How do you feel about that?
MY WIFE SAID I NEEDED THERAPY!
'I love who you are but not what you do sometimes.
JESUS MAY HAVE FIXED MY HEART BUT I REALISED THERE WAS STILL A LOT OF WORK TO DO

you need to do the work!
... to be free!



I AM NOW GETTING EDUCATED!
Doing a degree!

HOW DO YOU RECEIVE JOY?

Felt Gpds say
DO THE SIMPLE THINGS
Take your time!

Dd
Cc
Bb
Aa

JOY IS A DEEP THING it's not happiness!

WHAT GIVES ME JOY IS KNOWING THAT I AM SUCCEEDING AS A FATHER & AS A HUSBAND!

BEING A FATHER, A HUSBAND, A HOMEOWNER... THESE REQUIRE FULL ATTENTION. THESE ARE NOT JUST THINGS!



Dad... I love it when you take me to nursery

DAD GYM
OPEN 24/7/365

EVERY DAY
Where did I go right?
Where did I not go right?

His mercies are new every morning!!

[IT'S NOT SHINY, RECOGNITION, FOLLOWERS or CLICKS → BUT A DEEPER PLACE (Matt)]

My journey

HOW DO YOU MATURE in SERVICE?



I WANTED TO BE
A PREACHER
... I knew I was
a good
communicator

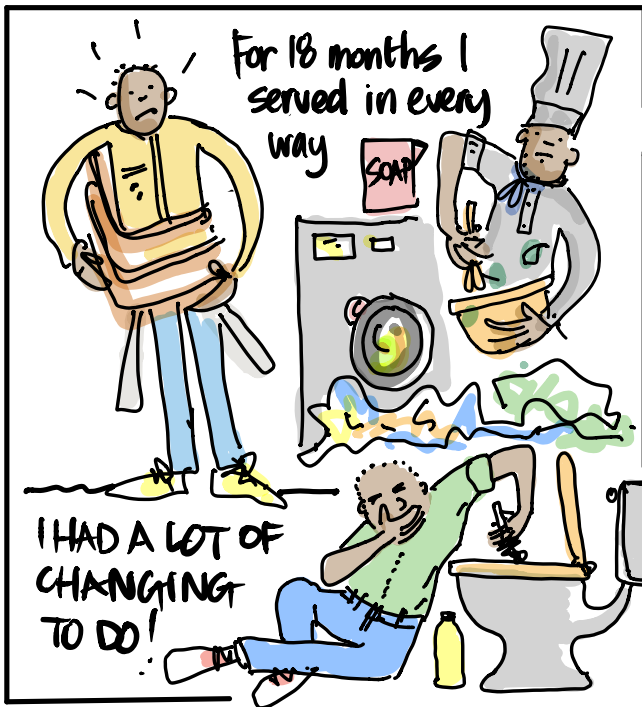
Not right
now Gavin!

In Teen Challenge
there was a long process
of what I should do and
how I should serve —

SERVICE is a BEAUTIFUL
|serve the Lord| THING!

REACH EVERY GENERATION
THIS IS GOD'S WORK
& I AM A STEWARD
OF GOD'S WORK

WHOEVER I WORK WITH
I TELL THEM THAT I PRAY,
I AM NOT JUST A
CHURCH-GOER ... I
HAVE A RELATIONSHIP
WITH JESUS



For 18 months I
served in every
way

I HAD A LOT OF
CHANGING
TO DO!

I FOUND A DIFFERENT
VERSION OF MYSELF
I developed a different mindset

you are NOT
doing for them

I do it for
Him!

I AM
ANCHORED TO HIM.

DO WHAT NEEDS
TO BE DONE!