

Explore It FOR ME



DOING WHAT GOD WANTS

 **Matthew 6:25-34 Don't worry**

Here are some ideas and activities you could do on your own



Hear

Create a playlist of calming and uplifting songs to help you in times of worry.



Build

Use building blocks, or other resources you have, to make a model. Now write some instructions for how to make it and share with a family member for them to build.



Create

Make a dot-to-dot picture for a friend or family member to complete.



Watch

Watch a short video about the sermon on the mount.
'Don't Worry' by Life Kids
<https://www.youtube.com/watch?v=XgAVWKqcyMU>



Write

Create a true/false quiz for your family.

KIDS ALIVE! ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic – is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

