



BE WILLING

Luke 22:39-46 Jesus prays alone

Here are some ideas and activities you could do on your own

Draw

Create a poster with the words, 'What you want, not what I want' and place it somewhere as a reminder each day to begin with an attitude for doing what God wants.

Hear

Is there a song that you listen to which helps you draw close to God? You could ask friends and family for suggestions. Play this song as you reread this week's story: Luke 22:39-46.

Read

This week set yourself a target of reading different Bible stories about those who followed God's plan for them. Find out how they did this and the challenges they had.

Pray

'Jesus prayed alone' is the title of the story this week. The story took place in a garden – this might be an unusual place for you to pray. Find a time each day when you can pray alone. You could pray in places you might not usually use for a prayer time.

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