

# Explore It TOGETHER



## DOING WHAT GOD WANTS

### Matthew 6:25-34 Don't worry

Here are some ideas and activities you could do as a family



### Read

Read Matthew 6:25-34 together. As a family share the things which each of you wants to bring to Jesus and take away your worries.



### Pray

Pray for the news - read the newspaper together or scroll through your news app, and stop when you find something which speaks to you. Chat with God about that. You might want to ask him, 'What are you doing, God?' or 'How can I help?'



### Build

If your child created a set of instructions to follow, have a go at recreating their model.



### Share

Due to a number of reasons, for some people having enough food on the table is a real worry. If you are able, donate to a local food bank to support those who need it.



### Play

If your child created a 'True/False' quiz, play this together.