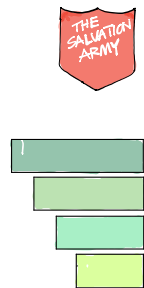




Episode 18
Selina Stone

THE
ALL
TERRAIN
-Podcast-



HOW DO YOU FACE CHANGE ?

I AM QUIET & I GET ANXIOUS WHEN I CAN'T SEE HOW THINGS ARE GOING TO WORK OUT!



NOT A FAN OF CHANGE



I FACE CHANGE BY TRAINING MYSELF TO BELIEVE THAT GOOD THINGS CAN HAPPEN EVEN WHEN I'M NOT IN CONTROL.

TENSION BETWEEN

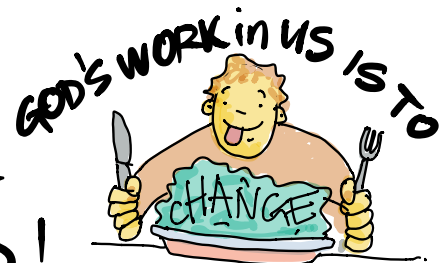
IT TAKES ME A WHILE TO ADJUST

MY DESIRE FOR COMFORT

THINGS CAN'T STAY THE WAY THEY ARE FOR MOST AFFECTED!

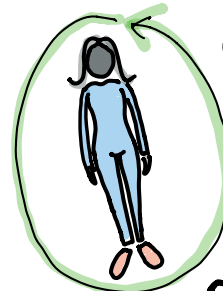


SOME ARE MORE COMMITTED TO COMFORT THAN JUSTICE IN THIS WORLD!

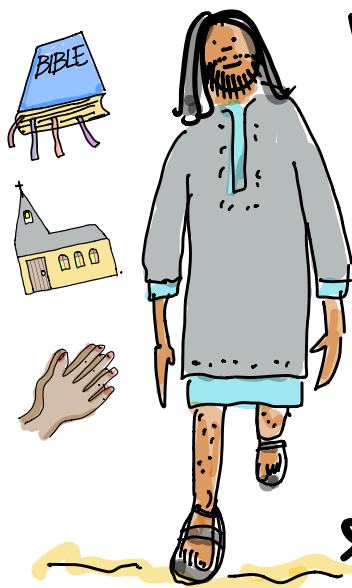


CULTIVATE AN APPETITE FOR CHANGE!

IN ORDER TO CREATE A BETTER WORLD THERE NEEDS TO BE DETERMINATION IN HEART & MIND.



OUR WHOLE LIVES HAVE TO BE TRANSFORMED BY MESSAGE OF GOSPEL!



WALKING WITH JESUS HAS TO BE MORE THAN WALKING TO CHURCH BUILDINGS, PRAYER MEETINGS & BIBLE STUDIES.

JUSTICE & CHANGE MUST BE IN OUR UNDERSTANDING OF DISCIPLESHIP!



JESUS IS CONSTANTLY DISTURBING THE COMMON ORDER!

BEING INVOLVED IN THESE ISSUES ARE NOT JUST Add



THERE ARE PEOPLE WHO DON'T ALIGN OR IDENTIFY WITH FAITH BUT THEY END UP LEADING, TOWARDS THE LORD'S WORK IN FIGHT FOR JUSTICE & CHANGE!
- Matt -

IN OUR DAY TO DAY LIVES WE NEED TO TAKE UP OUR CROSS & NOT LIVE TO THE PATTERNS OF THIS WORLD!
Be changed! Be renewed!



HOW DO YOU MOVE THROUGH SUFFERING?



I LOST MY MUM IN 2017 AFTER HAVING CANCER FOR 5 YEARS!

She was always Optimistic



MUM ASSUMED GOOD OUTCOMES

LIFE IS A COMBINATION OF TRAGIC & BEAUTIFUL!

-v- ME ASSUMES WORST



Be Grateful for little things!



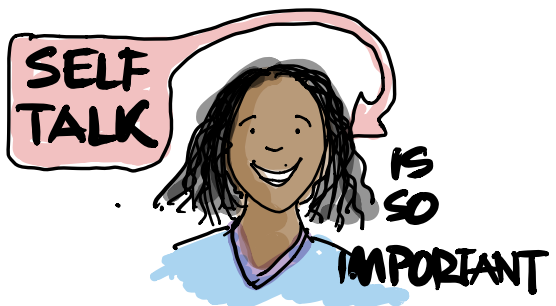
DREAMGIRLS



FEELING GUILTY

BUT KNOWING MUM WOULD HAVE WANTED ME TO GO

CHILDREN MANAGE TO HOLD BOTH EMOTIONS ... DON'T GET BOXED IN!



HOW DO WE RECEIVE JOY!

WE JUST TAKE IT ALL IN!



LIFE ^{God} DOES NOT SPARE YOU PAIN BUT GOD IS NOT THE ENEMY OF JOY!

IF I AM GOING TO HAVE TRAUMA & SUFFERING THEN I'M NOT GOING TO SPARE MYSELF JOY!

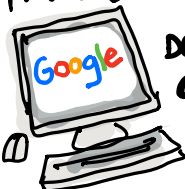


IN BEN LINDSAY'S BOOK 'We need to talk about Race!' HE TALKS ABOUT THIS 'Heavy Coat'

I DO FEEL IT & I TAKE IT OFF!

I DON'T SPEND TOO MUCH TIME TALKING ABOUT PAIN & SUFFERING:

I WON'T DO BEYOND WHAT I FEEL I HAVE GRACE OF GOD FOR



DON'T ASK PEOPLE TO CONSTANTLY BEAR SCARS

Do some work before you ask me to speak!

Read some books!



I WOULDN'T DENY MY FRIENDS & NEIGHBOURS, JOY SO WHY WOULD I DO IT TO MYSELF?

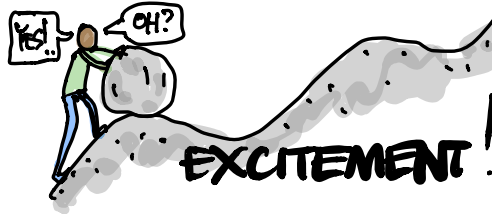
BE DELIBERATE ABOUT JOY!

I KNOW WHAT IT'S LIKE TO SEE A WORLD THAT'S NOT SET UP FOR YOUR SUCCESS BUT I WON'T LIVE UNDER THAT LIMITATION!

HOW DO WE MATURE IN SERVICE?

... WE PERSIST
WE KEEP GOING!

BEST THINGS HAPPEN
WHEN WE PERSIST
PAST IMMEDIATE



I FIND GOD HOLDING
ME IN A PLACE THAT
TEACHES ME TO
PESEVERE & BECOME
FAITHFUL IN THAT THING!

↳ IT'S NOT ABOUT BEING
FORCED OR MANIPULATED
THOUGH ... CHOICE IS KEY



WE SEARCH FOR
FRUITFULNESS
BUT IF WE
SEARCHED
FOR JESUS
HE IS ALWAYS FRUITFUL

I DON'T
LIKE
CHANGE



DON'T
LIKE
REMAINING
IN THE PAST!

I AM
IMAGINATIVE
& CREATIVE

I AM EAGER TO EXPLORE
AND EXPERIMENT!



LEARNING HOW TO
PERSIST AS A WRITER
BECOMING MORE
MATURE AS I HAVE
TAKEN FEEDBACK!

I AM
BRUTALLY
HONEST
in PRAYER
& IN THE
PROCESS
HE BRINGS PEACE

