

Explore It FOR ME



A GENTLE WHISPER

 1 Kings 19 The Lord appears to Elijah

Here are some ideas and activities you could do on your own



Watch

God's Story: Elijah by Crossroads Kids' Club – <https://www.youtube.com/watch?v=2T5gAXoerjw>



Pray

Repeat the breath prayer from your session. You can use different verses or phrases. Try with Psalm 56:3: 'When I am afraid, I will trust you.'
As you breathe in, pray, 'When I am afraid.'
As you breathe out, pray, 'I will trust you.'



Investigate

Find out what happens when you hold a sea shell or a cup or a bowl to your ear. Experiment listening to different sounds. How is this experience similar to God's voice that Elijah heard?



Sense

Spend some time experiencing being quiet. Set yourself up with an activity or a quiet special area to listen to the world around you. Try it at different times of day and see if you can find a moment of quietness that you really like being in.



Serve

Give some quiet encouragement to people you know. Perhaps give them a thumbs up. Or make a badge or a card with a special message like 'You can do it!'

KIDS ALIVE! ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic – is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

