

# Explore It TOGETHER



## TRUSTING GOD IN TRICKY TIMES

Genesis 37; 39:1-6 Joseph is sold

Here are some ideas and activities you could do as a family



### Sing

Spend some time singing with your family and see if you can learn the actions to our song based on Proverbs 3:5-6. 'Proverbs 3:5-6 – Trust (Hand Motions)' by Seeds Family Ministry (2 mins 56 secs)

<https://www.youtube.com/watch?v=teCBUFF7zvA>



### Bake

There are lots of recipes online for rainbow cupcakes. Why not make some together to remind you of Joseph's multicoloured coat?



### Read

Snuggle up together and listen to this story all about trusting God when things are uncertain.

'It will be OK: trusting God through fear and change written by Lysa Terkeurst' by David's Reading Time

<https://www.youtube.com/watch?v=2Qf6lcdanB8>



### Share

Have a chat together as a family about how important it is to be able to trust each other. Agree together three things that you all promise to be there for each other.