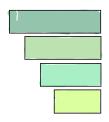




Episode 21 Danielle Strickland

THE ALL TERRAIN -Podcast-



HOW DO YOU FACE CHANGE?

IT DEPENDS WHO HAS INSTIGATED THE CHANGE BUT IASK ... CHANGE

WHAT DOES GOD

HAVE FORME HERE

- WHATIS GOD DOING IN THIS SEASON

DO FACE IT ... IAM CURIOUS & INTERESTED

Enneacyam:





INVITE



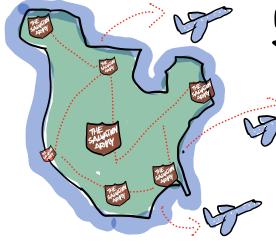
CHALLENGER WE'FE GOING TOGET THINGS DONE

ADVENTURER THUFF OF THE PARTY!

A model of human personality with 9 types/styles -each representing a worldview archetype Wat resonates with way people think, feel + act in Urelation to the world, others+ themselves

IT'S A PEALLY HELPFUL TOOL THERE'S ROOM TO MANEUVER IT'S A WAY OF DISCOVERING WHAT HEALTHY & UNHEXITHY FORMS

OF YOUR PERSONALITY TYPE ARE LIKE



HAVE BEEN AN OFFICERS KID & AN OFFICER FOR 23 YEARS!

CHANGE IS WHAT I'VE KNOWN

IT FUELED MY SENSE OF ADVENTUPE, BUT IT ALSO WAS AN UNHEALTHY MECHANISM TO NOT GO DEEPER

ONLY TO ACCEPT INEVITABILITY
OF IT -BUTGET TO BRIGHT
SIDE OF IT! EVEN WHEN ITS
HURTING-ME. IT'S DRIVING ME TO



WHEN YOU FACE
CHANGE YOU HAVE TO
FIND WHAT/WHO
DOESN'T CHANGE!

THE TRANSITION OUT OF OFFICERSHIP WAS ONE OF HAPDEST SEASONS OF MY LIFE. ONE THAT WASN'T WELCOME!

GROUND ZERO: GOD



THE LAPGE STRUGGLE OF OUR CHANGE IS THAT WE HANG ON TOO LONG & TRY TO WRESTLE IT!

Think: JACOB He was wounded

IF WE COULD JUST LEARN

TO LET GO & KNOW THAT

GOD HAS US!

I PRACTICE
THIS WAY
OF LIFE
CALLED
INFINITUM. IT'S
HELPED ME THROUGH
PERIODS of CHANGE.

The whole world is suffering.

I am not immune to suffering.







CYNICISM
DESPAIR
ISOLATION
THOUGHT PROCESS

UNLESS WE DEAL
WITH THESE
ENEMIES THEY
WILL GOBBLE USUP

HAVING KEY RELATION-SHIPS IN MY LIFE IS CRUCIAL

BOB GOPF

WHEN'S THE PARTY?

PARTY BUT AN
OPPORTUNITY TO CELEBRATE
THAT GOD HAS DONE!

## HOW DO YOU MOVE THROUGH SUFFERING?



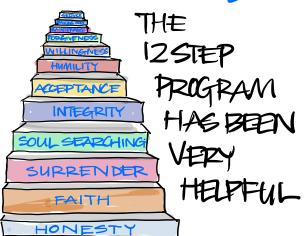
THAVE BEEN
DOING A LOT
OF READING
ABOUT
LAMENT!

IT'S ABOUT
GIVING
SUFFERING
A VOICE
WHICH HASBEEN
DIFFERENT TO
WHAT INSED TO
MENTION IT—

IT WAS CNLY AFTER
SESSIONS WITH A
COUNSELLOR
WHERE I COULD
IDENTIFY & NAME
SUFFERING IN MY LIFE
...THEN I COULD DEAL
WITH IT ———



## It's about moving from a life of pretending!



INFINITUM STRATEGY
OF DAILY CONNECTION
WITH GOD & DAILY
PRACTICES ->
THE HAS HELPED
ME TO CONNECT
WITH GOD IN a DEPTRUAT

WE NEED TO STAY
HONEST S-AUTHENTIC
SCONNECTED TO REAL
PEOPLE ... 175 A





## RIGHTSIZE EXERCISE



SERVE PEOPLE WHO SUFFER PAIN IS A SHAPED THING

- EQUALIZER =

IFWE DO ENFERINTOIT WE

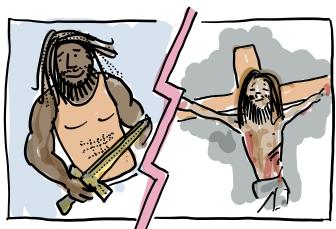
CAN BE VESSELS OF GOD'S GRACES FOWER

BY STAYING CONNECTED
TOREAL PEOPLE WHO
APE STRUGGLING >
SERVING THEM IT MEANS
I DON'T LOSE TOUCH
WITH MY OWN HEALING!

Vulnerability Openness ITS NOT SOMUCH
ABOUT HARDON
EAGY - IT'S
JUST SO
DIFFERENT

DESCEND

I OFTEN FEELLIKED BEGINNER



HERCULTS

MYTH

EVERY SINGUE THING IN MY CULTURE S PELIGIOUS BACKGROUND POINTED TO BUT WE I texculean CALLED

Ascent 1

JESUS BLEEDING/DYING.

> Don't let them see you bleed!



HOW DO YOU RECEIVE JOY?

PECEIVE



IT COMES AS AN INVITATION TO US ALLTHETIMES WE HAVETOSAY YES TOIT.



SABBATH BA CHANCE TOSTOP THEGRIND SBE OPEN



WHEN PEOPLEUSED TO TRAVEL THEY USED TO BE OPEN TO CONVERSATIONS BUT NOW PEOPLE ARE ON THEIR PHONES S-PLUGGED IN

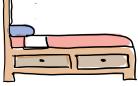
THE IMPOPTANCE OF BEING WILLING

TO SAY YES & BE OPEN



EVENING TON PERITETION

I give you my life?



Was 1 Surrendued today?

POSTUREOF SUPPENDER





THIS PRACTICE HAS
FUELLED JOY &
HELP ME CREATE
AMORE CENTRED LIVING——

## HOW DO YOU MATURE IN SERVICE?

FIRSTLY: YOUJUST DO IT!

ALTHOUGH I DO KNOW

LOTS OF PEOPLE WHO

HAVESEPVED

POPYEARS &

NEVER MATURED





What did ? What you miss? happened?

Where was God?

THERE ARE WAYS YOU CAN,
BATTLE ENTITLE MENT.

= INTENTIONALLY SERVING

THAT JUDGEMENT
SUNHELPFUL OF ENGAGEMENT

ITS ALLABOUT
THE DEPPHEF
THIS IS THE
SECRET TO
MATURITY SU
SERVICE
Mr. Matt White

Mr. Nlatt White has experienced the Danielle Grickland DEBRIEF

How do you avoid the entitlement

THERE'S ALWAYS A
DANGER OF PEMOVING
YOURSELF FROM THE
DESDUE YOURSELF WITH

PEOPLE YOU'PE WITH

Posture Move



RIGHT 1

VTHIS IS A

PROCESS THAT ALL LEADERS NEED TO DO ALL THE TIME!

Gratitude is a really good posture!

You can Pick up your Jown bars honey!

WOULD BE THAT I HAVE
COME INTO AGREEMENT
ABOUT WHO GOD
SAYS I AM —

SO I DON'T HAVE TO PROVE/PLEASE

> TEYING TO CREATE B PLACES IN MY LIFE WHERE ONLY GODGANSHOWUP

UDO TRYSTRAVEL WITH PEOPLE I WANT TO INVESTIN

SHALOM TRUE PEACE

TRULY HUMBLE & TRULY DEPENDENT.