

Explore It FOR ME



SPIRITUAL FRUIT

Ephesians 2:10; Matthew 7:18; John 15:16 People know you by your actions

Here are some ideas and activities you could do on your own



Create

In our Explore It session we were inspired by the picture by Giuseppe Arcimboldo called *Vertumnus*. The entire portrait is made from fruits, vegetables and flowers.

[https://en.wikipedia.org/wiki/Vertumnus_\(painting\)#/media/File:Vertumnus_%C3%A5rstidernas_gud_m%C3%A5lad_av_Giuseppe_Arcimboldo_1591_-_Skoklosters_slott_-_91503.tiff](https://en.wikipedia.org/wiki/Vertumnus_(painting)#/media/File:Vertumnus_%C3%A5rstidernas_gud_m%C3%A5lad_av_Giuseppe_Arcimboldo_1591_-_Skoklosters_slott_-_91503.tiff)

This week we discovered that we are God's masterpiece.

Be inspired by another masterpiece. Create your own version of a famous artist's painting. You could use a different kind of medium or change the colour palette.



Pray

We spent time this week thinking about the fruit of the Spirit.

See if you can remember them all.

Which one do you find most challenging?

Write a prayer asking God to help you grow this particular fruit in your life.



Explore

Which of these exotic fruits would you most or least like to try?

Kids Try Exotic Fruits - Kids Try by HiHo Kids

<https://www.youtube.com/watch?v=gyVwpFLFqgY>



Sing

Sing this song to remind yourself of the fruit of the Spirit.

'Fruit of the Spirit children's song' by Bob Baxter

<https://www.youtube.com/watch?v=Rezg4jYFojo>

KIDS ALIVE! ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic – is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

