

# Explore It TOGETHER



## SPIRITUAL FRUIT

Ephesians 2:10; Matthew 7:18; John 15:16 People know you by your actions

Here are some ideas and activities you could do as a family



### Share

This week we watched an amazing artist transforming everyday items into a masterpiece. Share this fascinating clip with someone at home.

Which is your favourite transformation?

*There's a genius street artist that made the world a happier place* by Gooddays

[https://www.youtube.com/watch?v=N7gAt\\_MhYZs](https://www.youtube.com/watch?v=N7gAt_MhYZs)



### Dance

Share this week's song with the people at home and join in with the disco dance moves.

'Ephesians 2:10 NLT - Power Verse Dance' by Victory Kids Fort

<https://www.youtube.com/watch?v=bhu3uf6QUoA>



### Make

Make a fruit salad together. While you prepare the fruit, talk about the Fruits of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. What does each one mean to you? Can you think of examples of when you have seen these being shown? Before you eat the fruit salad, pray for these Spiritual Fruit to grow in your own lives.



### Pray

Follow the link and try the fruit prayer, the fruit-match activity, with one of your grown-ups at home.

<https://www.churchofengland.org/life-events/christenings/after-christening/things-do-children-summer/fruits-are-special>