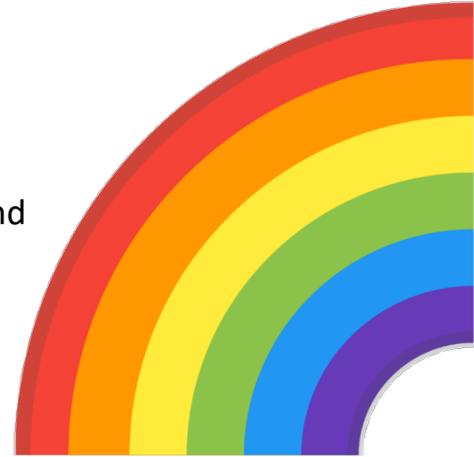


Welcome to Get OWT!

Thanks for being a part of Get OWT! today.

Here are just a few things we want you to know and think about:

- Explore the activities in the pack together with your family in your own time
- Follow and guidelines displayed by the Get OWT! team
- Familiarise yourself with our safety sheet (located in your pack)
- Find a space to stop for a snack and/or drink
- Take photos of what you've been doing so we can share them on our Facebook page (please fill in your photo consent form and hand it back to us).



Here are today's activities...

COLOUR HUNT

How many colours can you spot in nature? Take your colour hunt card and go on a search for different colours. See if you can spot all eight on the sheet!

RAINBOW JEWELLERY

Practise your fine motor skills and then look the part with your own rainbow jewellery! Use the rainbow pasta in your packs along with the pipe-cleaner to make your own rainbow bracelet or necklace.

COLOURFUL COLLAGE

Rainbows are full of wonderful colours, but the one on the back of our activity sheet is blank! Try filling it in with things you find on your walk today.



Something to think and chat about as a family:

Rainbows have become a symbol of hope during 2020.

What do you hope to be when you're older?

What hopes do you have for your family?

What hopes do you have for where you live?



GET OWT!

OUTSIDE WITH TODDLERS

