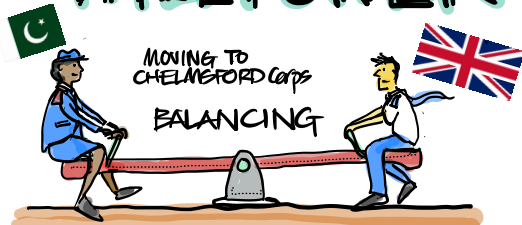


HOW DO YOU FACE CHANGE?

I AM OPEN TO CHANGE.

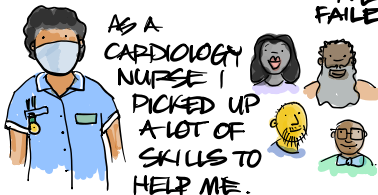
WILLINGNESS
& **WILLPOWER**



COVENANT is FOUNDATIONAL

BY **HIS GRACE**

I CAN ABSORB
SUFFERING
CHALLENGES &
DISAPPOINTMENT



I KNOW THE DANGER OF GIVE, GIVE, GIVE BUT, SO IMPORTANT TO BUILD A COMMUNITY OF SUPPORT AROUND YOU.

IN PAKISTAN FEW RESOURCES & FACILITIES

HUGE POLITICAL & ECONOMIC CHALLENGES

LEARNING to be **CONTENT** WHEN NOT ALWAYS COMFORTABLE

IT'S A GIFT OF MINE
CULTIVATING PATIENCE AS A DEEPER WORK

THIS WAS A BIG CHALLENGE

love it that you chose songs on lyrics

IT ACTUALLY TOOK MORE EFFORT TO SETTLE BACK INTO PAKISTAN



IT'S A GIFT OF MINE

CULTIVATING PATIENCE AS A DEEPER WORK



love it that you chose songs on lyrics

IT ACTUALLY TOOK MORE EFFORT TO SETTLE BACK INTO PAKISTAN

HOW DO YOU RECEIVE JOY?



- ✓ FRIENDS
- ✓ FAMILY
- ✓ NATURE
- ✓ EAGERNESS TO WALK WITH GOD

HAPPY - v - **JOYFUL**
THEY ARE NOT THE SAME!

YOU CAN FIND **CONTENTMENT** & **JOY**: Need to turn eyes around!



THERE IS ALWAYS SOMETHING

WHEN I LOST MY MUM in 2014 — THERE WAS JOY IN MY HEART THAT SHE WAS WITH THE LORD



EPISODE 26
Major Diana MacDonald

THE ALL TERRAIN Podcast



I TRY TO
RESPOND NOT
REACT

THERE IS A GROWING MATURITY & WISDOM



WITH EXPERIENCE & AGE. REAL LIFE EXPERIENCES AGE, BOOKS & SCRIPTURE

I KEEP WORKING IDLENESS HAS A NEGATIVE IMPACT ON ME!

DECLINE



I'M STILL **READY**

HOW DO YOU MOVE THROUGH SUFFERING?

HOW DO YOU MATURE in SERVICE?