

# Explore It FOR ME

JUNE  
SESSION 02

## SPEAK UP

 Proverbs 31:8-9; Isaiah 58:6-8; Micah 6:8

Here are some ideas and activities you could do on your own



### Memorise

Here is your second chance to learn the words of Micah 6:8 and share them with the rest of the group next week.

**'The Lord has told you what is good.  
He has told you what he wants from you:  
Do what is right to other people.  
Love being kind to others,  
And live humbly, trusting your God.'**  
(Micah 6:8 ICB)



### Create

The book of Proverbs in the Old Testament is filled with words of wisdom. It gives us this advice about speaking up for those who have no voice. Create a piece of artwork to go with these verses and put it up at home to remind you that everyone deserves to be treated fairly.

**'Speak up for those who cannot speak for themselves.  
Defend the rights of all those who have nothing.  
Speak up and judge fairly.  
Defend the rights of the poor and needy.'**  
(Proverbs 31:8-9 ICB)



### Watch

In this week's session you learned about inspiring people who spoke up against injustice. Watch the clips below to discover more.

**William and Catherine Booth** – *Celebrating Founders' Day* by The Salvation Army Australia (2 mins 10 secs)

[https://www.youtube.com/watch?v=\\_lpyA1\\_e76E&t=2s](https://www.youtube.com/watch?v=_lpyA1_e76E&t=2s)

**Rosa Parks** – *The Rosa Parks song* by Horrible Histories (3 mins 04 secs)

<https://www.youtube.com/watch?v=Koeio4fqwmU>

**William Wilberforce** – *William Wilberforce: The man who helped to end slavery* (2 mins 19 secs)

<https://www.youtube.com/watch?v=WR226pQkyFI>



### Discover

Watch the clip and discover more about the way Jesus loves everyone, no matter who they are.

'Jesus loves everyone - God's story' by Crossroads Kids' Club

<https://www.youtube.com/watch?v=C8ypf0wR6A0>

### KIDS ALIVE! ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

*Kids Alive!* The UK's only weekly Christian comic – is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

