

Explore It TOGETHER



SPEAK UP

 Proverbs 31:8-9; Isaiah 58:6-8; Micah 6:8

Here are some ideas and activities you could do as a family



Sing

Share this week's Micah 6:8 song with the people at home.

'Micah 6:8' by Slugs and Bugs

https://www.youtube.com/watch?v=VH9VbRY_1n4



Teach

Over the past couple of sessions we have discovered more about inspiring people who spoke out against injustice. Choose one of them and teach someone at home five fascinating facts about the person you have chosen.

- ➔ Rosa Parks
- ➔ Nelson Mandela
- ➔ William and Catherine Booth
- ➔ William Wilberforce
- ➔ Mother Teresa



Pray

In our session this week we spent time praying for people facing injustice.

Watch the latest episode of a children's news programme with someone at home and pray for the people in the clip.

<https://www.bbc.co.uk/newsround>

<https://live.firstnews.co.uk/fyi/sky-kids-fyi>



Share

Share with someone at home any examples of unfairness you see during your week. Talk together about how to speak up against it.