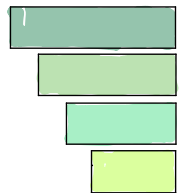




EPISODE 29
Dr. Russell Rock

THE
ALL
TERRAIN
-Podcast-



HOW DO YOU FACE CHANGE?



I FIND CHANGE EXCITING!

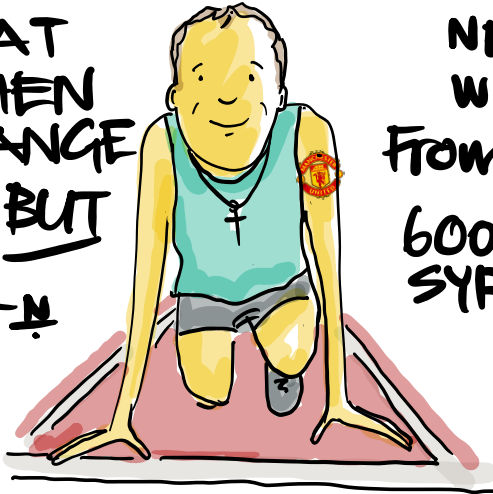
I HAVE A SHORT ATTENTION SPAN!



IF IT AIN'T BROKE
BREAK IT! Phil Wall

NEW POLICY NEEDED TO DEAL WITH CHALLENGES

I AM GOOD AT START WHEN LOTS OF CHANGE NEEDED - BUT WHEN CONSOLIDATION NEEDED... I FIND IT HARD!



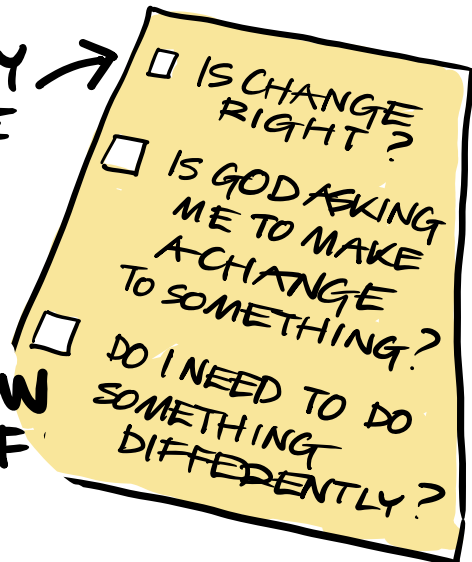
From  to 
600 SYRIANS 1000's UKRAINIANS.

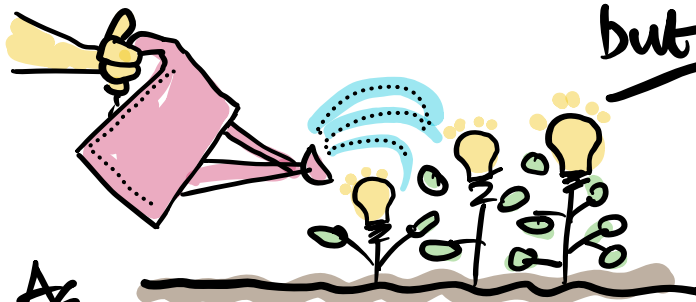
2 THINGS LEARNT ABOUT CHANGE!

① HAD TO UNDERSTAND MY OWN DRIVE TO CHANGE →

② MOST PEOPLE FIND CHANGE SCARY!

I HAVE TO LEARN HOW TO HANDLE MYSELF AROUND THEM





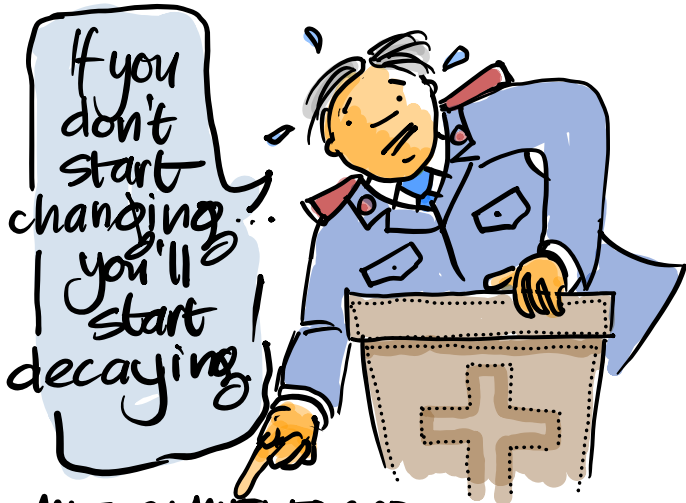
but

ALTHOUGH I AM ALWAYS LOOKING FOR CHANGE ..

= NOT EVERYTHING NEEDS CHANGING

= IT'S NOT ALWAYS MINE TO CHANGE!

As an **ENTREPRENEUR** WEDDED TO IDEA OF SOMETHING DIFFERENT



If you don't start changing... you'll start decaying!

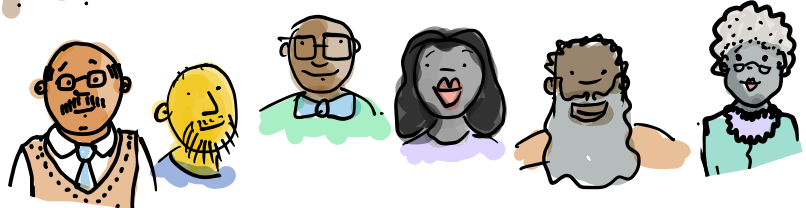
MAJ. SAMUEL EDGAR.

— . —
CHANGE DOES STOP DECAY & ENTROPY.
— . —

WHAT TOOLS DO YOU USE, OR HAVE LEARNED WHEN WORKING OUT DIFF. ABOUT WHEN TO CHANGE > WHEN NOT TO ?



PEOPLE

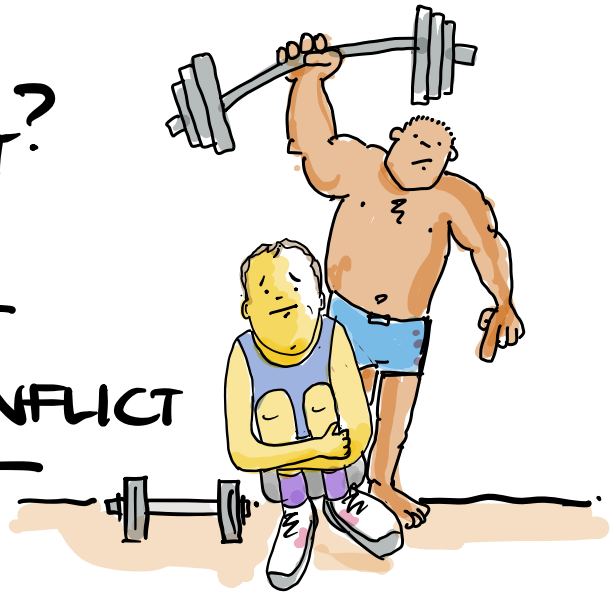


YOU NEED PEOPLE TO CALL YOU OUT, WHO ARE WORRIED ABOUT YOU! PEOPLE WHO WILL TELL YOU THAT YOU'RE ACTING OUTSIDE OF YOUR VALUES/BELIEFS/INTEGRITY!

HOW DO YOU MOVE THROUGH SUFFERING?

I LIKE TO WIN
I HATE FAILURE —

FIND FAILURE & CONFLICT
VERY DIFFICULT —



FIGHT or
FLIGHT

WHEN FAILURE IS NOT ONLY FATAL BUT ALSO INEVITABLE —



JESUS...
SUFFERING
SERVANT

HE WENT THROUGH THE PHYSICAL PSYCHOLOGICAL TRAUMA... SO THAT HE COULD REALLY KNOW US —

I LEARN'T...
THAT I DIDN'T
REALLY EMBRACE
THE SUFFERING!

FOUND
WAYS TO
AVOID



IT & GET OUT OF IT!



WHAT DOES
EMBRACE
SUFFERING MEN?

DON'T RUIN
AWAY!

- ACKNOWLEDGE IT -

JESUS HAS ALREADY
BEEN THROUGH IT
& WORSE ... FOR YOU.

YOU COULD
POTENTIALLY
FIND JESUS IN
WHOLE NEW
WAY



IN PSALMS...
e.g. GOD
RESCUING US!



When's that
going to
happen?

I HAD PRESUMED THAT
IF I WAS GOING TO
FIND GOD IT WOULD
BE AWAY FROM THIS!

SITTING IN DR. SAM WELLS
OFFICE ... IN SILENCE
DIDN'T TRY TO FIX ME

I COULDN'T
FIX IT &
JESUS
DIDN'T
SEEM TO
BE FIXING
IT!



JESUS
IS HERE
WITH ME!!

HOW DO YOU
RECEIVE JOY?



MY LOVE
LANGUAGE

QUALITY
TIME

LAUGH: THINK: EAT

SAW THIS
GENUINE MOVE /
OF HOLY SPIRIT.

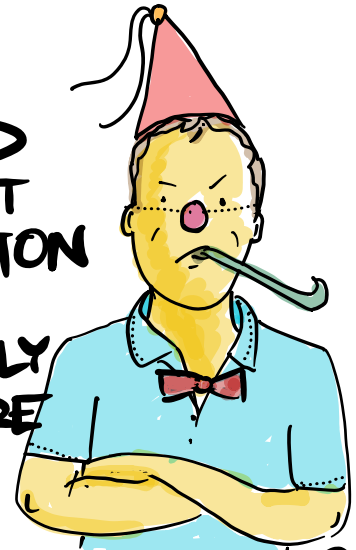
JESUS KEPT DOING THINGS
WE DIDN'T EXPECT —

WE WERE ABLE TO
GIVE THE DOOR A
NUDGE... ONE THAT'S
LOTS OF PEOPLE HAD
BEEN BANGING ON
FOR YEARS —

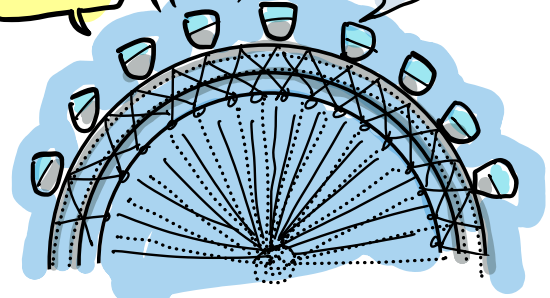
I'M BAD
AT
CELEBRATION

NEVER REALLY
HAPPY WHERE
I AM —

ALWAYS WANT TO MOVE ON!



BUT YOU
NEED
MARKERS...



TEAM WORKED
HARD FOR LOT
OF YEARS...
OPPOSITION/
WRONG DECISIONS
BUT... GOD WORKED!

ORDINATION IS CAUSING ME TO BE RE-WIRED

I WANTED TO MAKE A DECISION FOR GOD AS LONG AS IT DIDN'T AFFECT MY PLANS / LIFE!

e.g. TAKING YEAR OUT AT IT with Phil Wall.



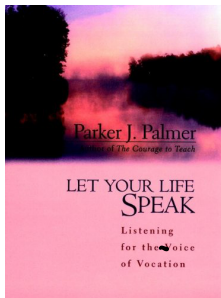
GO TO INTERVIEW



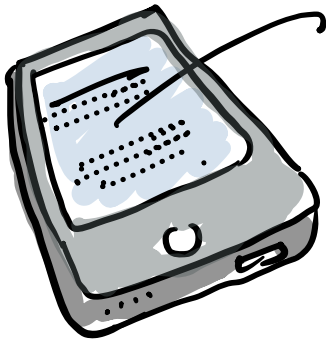
IN 2019 CAROL SERVICE at ST. MARTINS in FIELDS.

CALLING to ORDINATION.

18 MONTHS KEPT IT QUIET — & FOUGHT IT!



PALMER SAYS WE OFTEN RETURN TO A DOOR THAT'S CLOSED — WHY... WHEN THE WAY IS OPEN IN FRONT OF YOU



REV 3 : 6/7
A NEW DOOR
IS OPENED,
FOR YOU !

“DON'T BE SCARED OF
CLOSING DOORS!”

MORNING
OFFICE

NOT A
HIGHER
LEVEL of
LIFE —

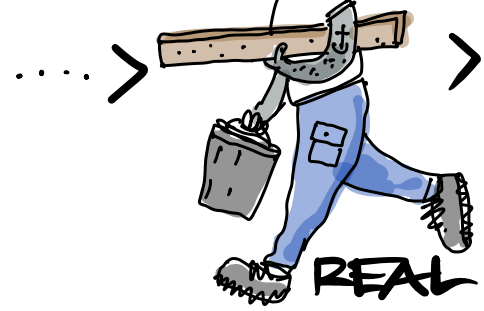
BUT
PART of VOWS.

USED TO BE

DAYTIME



BUT NO



THE REAL WORK IS TO BE WITH GOD !
BEEN LEARNING
THIS LESSON
RECENTLY !

ORDINATION IS NOT
JOB/STATUS/TITLE
OR ROLE !

LEARN to be WITH JESUS

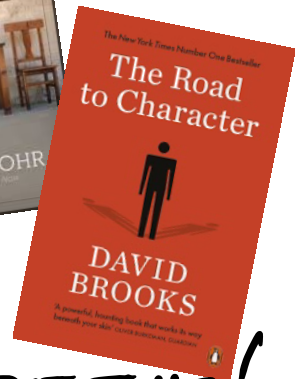
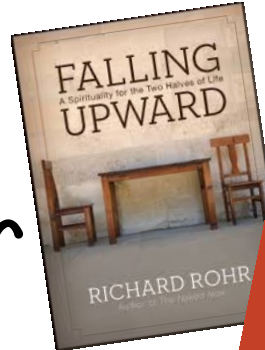
HOW DO YOU MATURE in SERVICE?

TOOK ME ABOUT 20 YEARS TO LEARN THAT

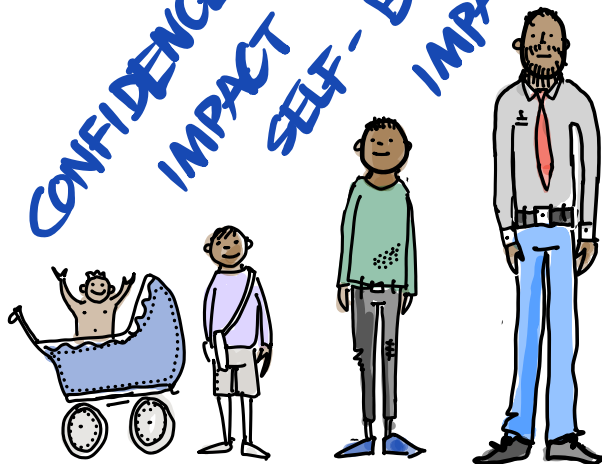


WORKING WITH PHIL WALL -

Pray that you learn difference between gifting + character



CONFIDENCE
IMPACT
SELF-BELIEF
IMPACT



& OTHERS WHO HAVE WRITTEN ABOUT THIS!

AS YOU GROW UP IT'S A NATURAL THING TO WANT TO LIVE THIS WAY, WITH THESE TRAITS

— 0 —
TAKE A LOOK
in the MIRROR
& SEE WHAT
YOU DON'T
LIKE & NEEDS
SOME WORK
— 0 —

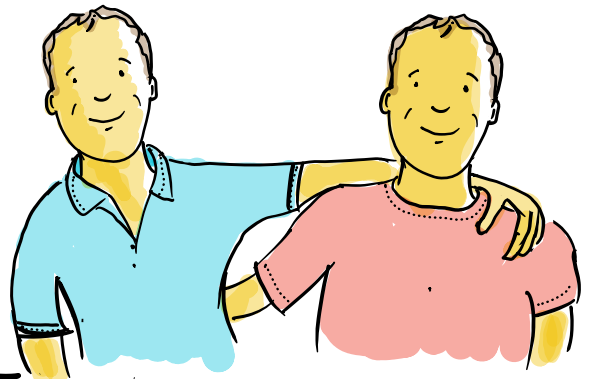
TO BUILD
CHARACTER
YOU HAVE
TO BE
PREPARED
TO DO
SOME!
WORK.





IT'S IMPORTANT TO
GET TO KNOW
WHO YOU ARE -
BRIGHT &
SHADOW SIDES!

IF YOU CAN GET TO LIVE
WITH YOURSELF & GET
TO OTHER SIDE OF
THOSE INNER CONFLICTS
YOU CAN REACH A PLACE OF
SATISFACTION/CONTENTMENT



STILL
LOT TO LEARN!
WORK IN PROGRESS.

I LIVE WITH
MYSELF BETTER
THAN AT ANY
POINT IN MY
MINISTRY