

# Explore It TOGETHER



## IDENTITY

### Daniel 1:1-21 Daniel taken to Babylon

Here are some ideas and activities you could do as a family



### Discover

Daniel's name had a special meaning. Can you remember what it was? Try and discover the meaning of the names of everyone at home and tell them all about it.



### Cook

Have a meat-free day like Daniel. Choose a recipe and ask an adult at home to help you cook it for your family.

<https://www.bbcgoodfood.com/recipes/collection/vegetarian-kids-recipes>



### Sing

Introduce your family to today's song 'He knows my name'. Watch the live performance and dance around your living room together.

'He knows my name' by Francesca Battistelli  
<https://www.youtube.com/watch?v=S06PdKMNGiQ>



### Share

Daniel was pressurised to go along with the crowd, but instead he followed God and stayed obedient to what God had asked him to do. Chat with someone at home or a Christian that you know. Ask them to describe a time that they have held strong to their belief in God, even when they were tempted to make a different choice. What can you learn from their experience?