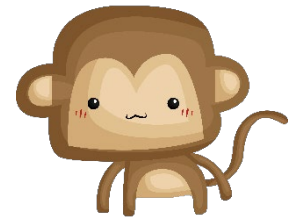


WELCOME TO GET OWT!

We're going on a **Jungle Safari** at today's GET OWT! Embrace your wild side with these ROARsome activities! The mindful moments in this session are **creativity, connecting with nature, noticing and movement**.

Today's Activities...



craft: binoculars

Make some fun binoculars to take with you on today's jungle woodland trail. Join the cardboard tubes together by sticking the paper strip around them. Then visit the Event Shelter to colour in and decorate them. Tape some wool to each side to make a neck strap.

jungle trail

See how many wild animals you can spot on today's woodland trail! Colour in each animal, or make a bark rubbing, on your trail sheet when you spot them.



nature craft: Dande-lion!

Collect some dandelions from the meadow to help you make a bright yellow mane for your lion. Stick the craft stick on the back to hold it with. Punch holes around the edge, then poke the dandelions through the holes.

art: paper plate snake

Paint the back of a paper plate with as many colours as you can. Ask your grown-up to carefully cut a spiral around the plate from the edge into the middle. Add some googly eyes and a tongue to its head and find somewhere to hang your snake at home.



play: nature jungle

Create and play with our jungle small world. Add grass, leaves, sticks, pebbles and lots of jungle animals!

Things to think about...

- Which jungle animal would you most like to be and why?
- Could you survive in the jungle? What home comforts would you miss?
- How could your family get out into nature and be a bit more wild?

Thanks for being a part of GET OWT! today!

