

My Incentive



My Plan



My Hope



ATHLOS GOALS

As you come to the end of the Athlos sessions, we'd encourage you to reflect on all you have seen and heard, considering how you and others around you can 'GO and do likewise'. What passions, gifts and skills do you have that can enable you and the people you are journeying with to make a positive impact on the communities called sport in your square mile? You may wish to use the Athlos Goals sheet to help you do this individually or as a group as you consider what's next for you.