International Day of Older People 2022 Who Cares?



Psalm 8 – Bible Study / Personal Devotion

Read Psalm 8, pausing between each verse to allow the words to sink deep into your heart and mind before moving on to the questions.

1. LORD, our LORD, how majestic is your name in all the earth! You have set your glory in the heavens.

2. Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and the avenger.

3. When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place,

4. what is mankind that you are mindful of them, human beings that you care for them?

5. You have made them a little lower than the angels and crowned them with glory and honour.

6. You made them rulers over the works of your hands; you put everything under their feet:

7. All flocks and herds, and the animals of the wild,

8. the birds in the sky, and the fish in the sea, all that swim the paths of the seas.

9. LORD, our LORD, how majestic is your name in all the earth!

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Pause and question

- Verses 1 and 9 proclaim the majestic nature of God. What names of God would you use to proclaim his majesty?
- When was the first time you heard about God? Was it as a child or an adult? Can you remember that moment? (Verse 2)
- Read verses 3 and 4. God who created the sun, moon and stars created you and is mindful of you. That thought might be mind-blowing but it's true. How do you understand this promise in your life?
- As God cares for you, his child, he has commissioned you with the role of 'carer' for his creation (verses 5-8). How do you care for God's creation in your everyday life? Do you need to make any changes?
- As you reflect upon this psalm once more, take some quiet moments to remember God's loving care for you. He is mindful of you and he loves you. You are his child no matter how old you are.

Prayer

Majestic Lord,

Thank you for your continued mindfulness of me. With a grateful heart I lift my heart in praise and adoration and commit to caring for others and your creation with the same love that you care for me, your child. Amen.