

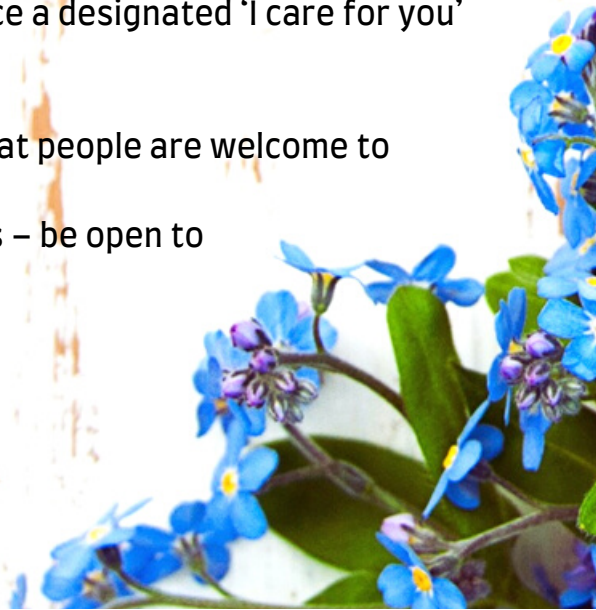
'I Care for You' Carer's Coffee Morning Ideas

This coffee morning is designed to allow space for conversation and 'down time' for carers who spend many hours looking after their loved ones. Try to have different age groups represented, as older people tend to enjoy the company of younger people and love to watch them play and listen to what they have to say.

- Choose a Saturday morning when you can invite the whole church family.
- Use the invitations below to invite carers and their loved ones to come along.
- Use the colouring sheet and provide a creative space with pencils and paints.
- Invite someone who can paint nails to give free manicures; or invite someone to share their enthusiasm for a range of hobbies (see if someone has a model train set that they could demonstrate, for example).
- Provide plants and seeds for people to take home with them (forget-me-not seeds are appropriate; they can be planted in the spring).
- Invite people to be 'welcomers' and 'befrienders' so that people have time to chat in a safe setting.
- Create a risk assessment following guidance from The Salvation Army's Safe Mission plans.

Things to remember:

- Caring can be non-stop, so offering a space to chat to someone different is important.
- Giving someone a gift to take home like a plant or seeds will continue to remind them that you care.
- If you offer manicures/hobbies session for those caring and those being cared for, ensure you have enough volunteers to help supervise this so that the carers can hopefully enjoy uninterrupted time just for them.
- Showing kindness and compassion may change someone's day in more ways than you could imagine. Don't underestimate the difference a designated 'I care for you' coffee morning can have.
- Include a start and finish time on your invitation.
- Ensure you have information about other services that people are welcome to attend.
- This may lead on to something new for you as a corps – be open to what God can do.



'I care for you'
Carers Coffee Morning Invitation

Date:

Time:

Venue:

Everyone is welcome! You matter to us and we care about you.

**Come and enjoy refreshments and cake.
We would love to see you!**



'I care for you'
Carers Coffee Morning Invitation

Date:

Time:

Venue:

Everyone is welcome! You matter to us and we care about you.

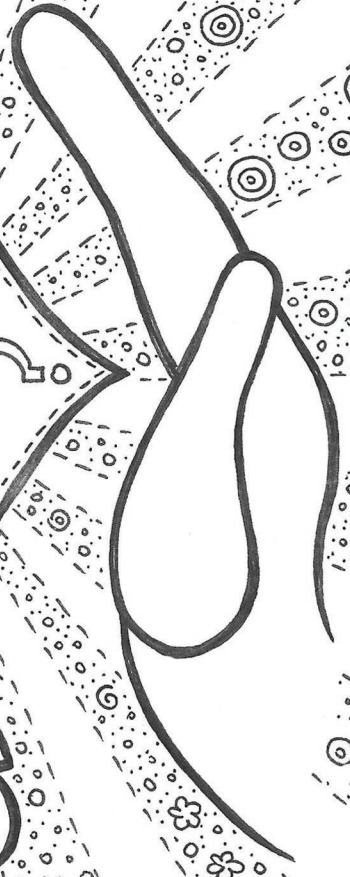
**Come and enjoy refreshments and cake.
We would love to see you!**



Lord

Our Lord

Who cares?



¹ Oh Lord, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens.

² Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and the avenger. ³ When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place,

⁴ what is mankind that you are mindful of them, human beings that you care for them?

⁵ You have made them a little lower than the angels and crowned them with glory and honour. ⁶ You made them rulers over the works of your hands; you put everything under their feet: ⁷ all flocks and herds, and the animals of the wild,

⁸ the birds in the sky, and the fish in the sea, all that swim the paths of the seas.

Lord, our Lord,

how majestic is your name in all the earth!