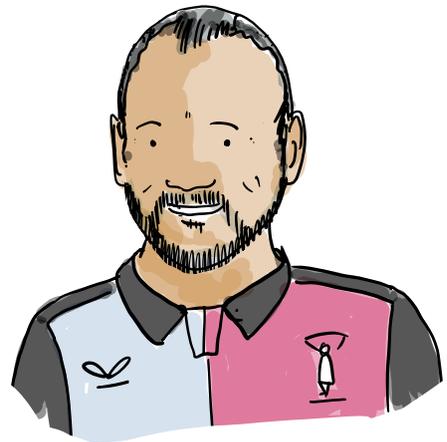


THE
ALL
TERRAIN
-Podcast-



Ep 38. Phil Wall

HOW DO YOU FACE CHANGE?

I THRIVE IN THE
CONTEXT OF CHANGE

IF I FEEL I AM A DECENT LEADER

WHO CAN **INSPIRE**
& **ENGAGE**

I AM A

STARTER

& **INNOVATOR**

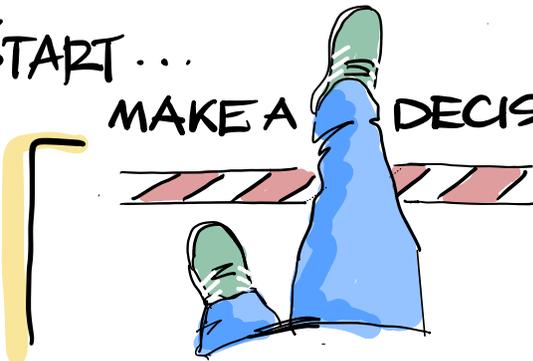
BUT WHEN IT'S A STEADY
STATE THAT'S WHEN
I STRUGGLE



IF I WANT CHANGE TO HAPPEN
THEN I FOLLOW THIS PROCESS

START...

MAKE A DECISION

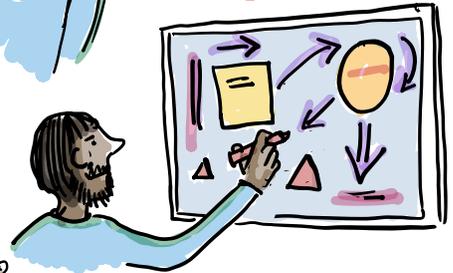


HAVE A
CONVICTION



GET ACCOUNTABLE

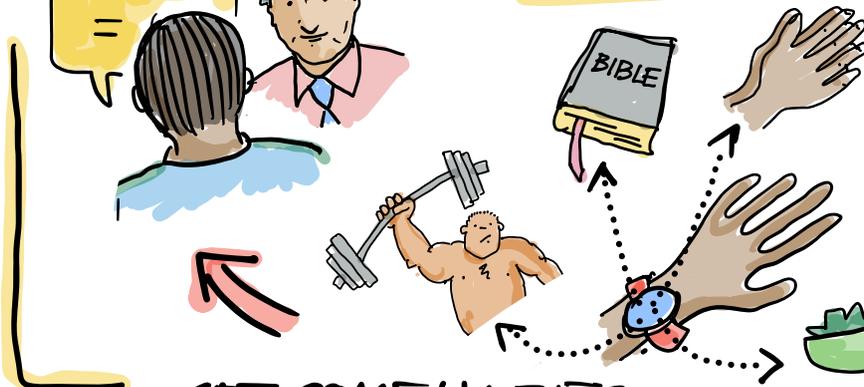
CHANGE

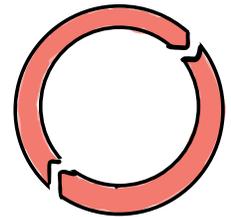


MAKE A PLAN



SET SOME HABITS





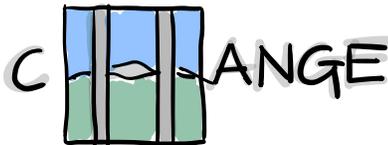
SURRENDER GENEROSITY MISSION

THIS HAS BEEN AN
INCREDIBLY USEFUL
ARCHITECTURE FOR MY LIFE.

INFINITUM

I VISIT THESE
EVERY MORNING

IF WE'RE NOT CAREFUL



CAN BE SOMETHING OF A
PRISON FOR PEOPLE LIKE US

THAT'S TRUE —
YOU CAN BECOME
TRAPPED IN A
CYCLE

WE ARE HUMANS & WE CHANGE
THE ONLY THINGS THAT
DON'T CHANGE ARE DEAD



AS I APPROACH
MY 60TH WENDY & I
UNDERGOING A HUGE CHANGE

MOVING to USA

THE MOST GENEROUS NATION PER CAPITA —
— GOING TO HELP WE SEE HOPE U.S.



I HAVE NOT ALWAYS BEEN
THAT BRAVE ABOUT THE MOVE —
— Disappointed with my
response at times.

HOW DO YOU MOVE THROUGH SUFFERING?

THIS IS A DIFFICULT QUESTION!

→ CHANGED FROM SUFFER

PAIN

①



AS A POLICEMAN
& PART OF THE RIOT SQUAD
I EXPERIENCED
- EXTREME LEVELS OF VIOLENCE
- EMOTIONAL & PHYSICAL TRAUMA.

LOSING WENDY'S MUM ②

RIGHT AT BEGINNING OF OUR MARRIAGE

③ WITHIN THE S.A. AS A...
MAVERICK,
ENTREPRENEURIAL
INNOVATOR

DESPERATE FOR
AFFIRMATION / ACCEPTANCE

but

I'll Fight!



DEALING WITH
CLINICAL DEPRESSION

2010

④

PEOPLE TRY TO HELP & SAY NICE THINGS
but IT WAS DIFFICULT / CHALLENGING
I HAD TOXIC / SELF HARMING THOUGHTS.

There's light at the end of the tunnel!

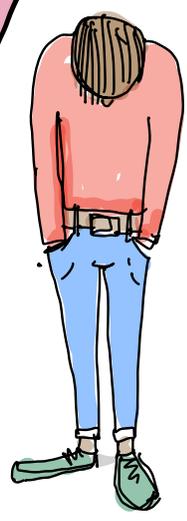


I DIDN'T EVEN KNOW I WAS IN A TUNNEL!!



PHIL WALL The Movie

Identity Crisis!

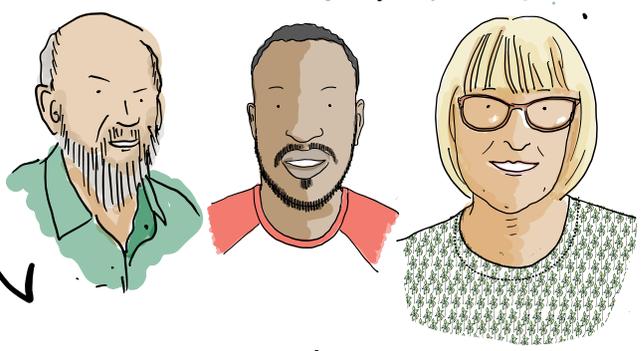


THE FILM VERSION OF ME WAS DIFFERENT TO THE REALITY!

THIS NARRATIVE I HAD PERPETUATED & OTHERS HAD PROPHESED OVER ME WAS CALLED INTO QUESTION

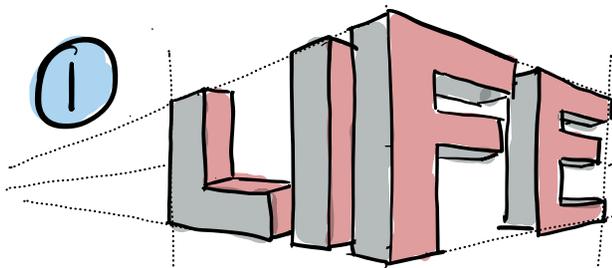
But I HAVE MATURED THROUGH IT I USED TO SEE PEOPLE WHO STRUGGLE & DISMISS THEM & THEIR PAIN but NOT NOW!

I LOOK BACK WITH THANKFULNESS although DON'T WISH TO GO THROUGH IT AGAIN



VERY GRATEFUL TO FRIENDS & FAMILY WHO CARRIED ME & SLAPPED ME.

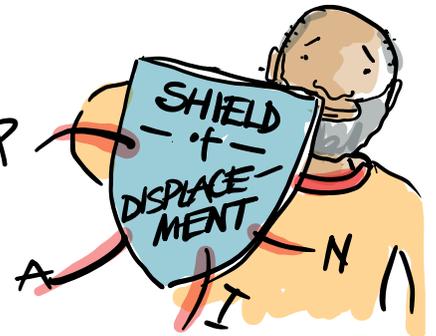
2 STRATEGIES I EMPLOY NOW WHEN DEALING WITH THIS ISSUE



PERSPECTIVE

I CONDUCT THIS DISPLACEMENT TOOL PSYCHOLOGICALLY
↳ Coping Mechanism

THE DANGER IS THAT I CAN USE THIS TOOL AS A WAY OF DEFLECTING MY OWN PAIN & NOT CONFRONTING IT



② FAITH JOURNEY



READ BIBLE MOST DAYS

Trust in the Lord + lean not on your own understanding



LEADERS CAN BE PRONE TO

① ISOLATION — SHUTTING DOWN WHEN IN PAIN OR FAILING



I HAD FRIENDS WHO WOULDN'T LET THIS HAPPEN TO ME

② GETTING STUCK
IT'S A DISCIPLINE TO GET OUT!

DON'T BE THE VICTIM
SUFFERING IS RARELY PERMANENT



what do you say to a generation of young people struggling with anxiety?



How do you balance the challenge of confronting suffering - v - not wallowing in it?

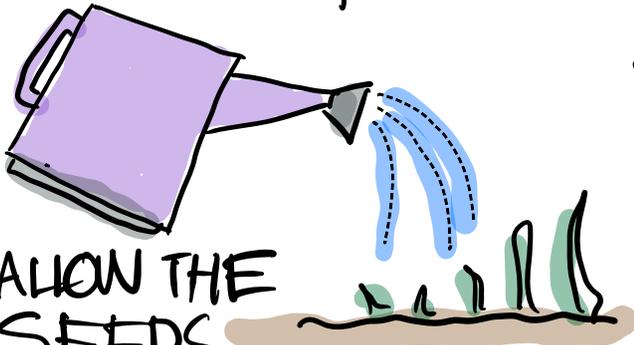
Altruism!
GIVE YOURSELF AWAY TO OTHERS!



GREAT QUESTION Jo

PRAY = TRUST = TRY

YOU TRY ANYTHING TO FIND A WAY OF PUTTING THE SITUATION INTO PERSPECTIVE



ALLOW THE SEEDS OF HOPE TO GROW

Remember the GRACE of GOD

YOU HAVE TO HELP PEOPLE TO

DEVELOP AGENCY

TO MAKE DECISIONS ABOUT HOW TO RESPOND & DEVELOP A NEW MINDSET —

YOU MAY BE A VICTIM BUT YOU'RE NOT A USELESS VICTIM —

HOW DO YOU RECEIVE JOY?

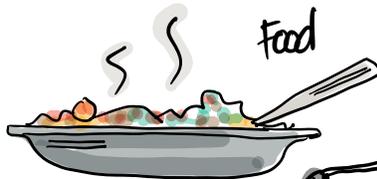
I HAVE THIS ABUNDANT LIFE!

SO MANY THINGS BRING ME JOY!



3 children

2 amazing sisters + their ministries



Food



Amazing golf shots!

Wow!

[I START MY DAILY DEVOTIONS WITH THANKFULNESS!]

DISCIPLINE of GRATITUDE

I ALSO GET JOY FROM...



Wendy Watt

ONE of MAIN SOURCES of JOY PAST 6 MTHS HAS BEEN WITH WENDY — A WOMAN OF —
REAL DEPTH
SPIRITUALITY
FAITHFULNESS
DEDICATION



SEEING OTHERS SUCCEED

Can't tell you about someone who has changed my life?



(B) SHARING JESUS

NOTICING IS IMPORTANT
Noticing Goodness!

HOW DO YOU MATURE IN SERVICE?

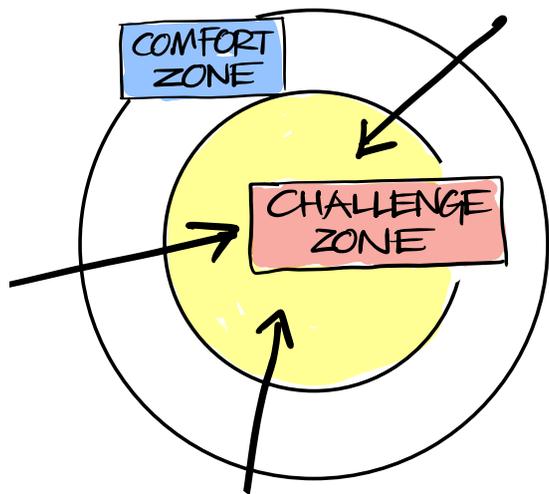
HERE'S A NUMBER OF THINGS I'VE TRIED TO DO.



1 KEEP YOUR PROMISES // WE SEEM TO LIVE IN A LOW COMMITMENT LOW FAITHFULNESS SUB-CULTURE

2 DON'T SETTLE

BE HUNGRY TO LEARN, GROW, LEGACY



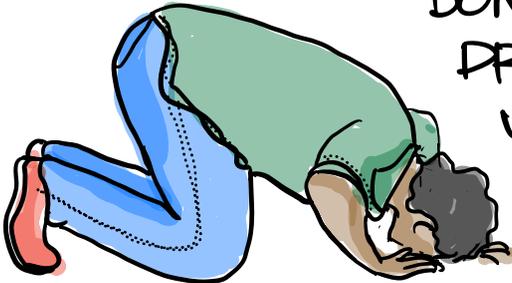
I CONSTANTLY NEED TO PUT MYSELF IN A PLACE OF CHALLENGE or POSTURE of DEPENDENCY
Julie Brett

WITHOUT RISK THERE IS **NO** GROWTH

WE MUST, LIKE PETER REGULARLY GET OUT OF THE BOAT.



③ STAY HUNGRY.



DON'T LET BUSYNESS OF LIFE
DROWN OUT THAT HUNGER
WHICH SHOULD DEFINE
MY RELATIONSHIP WITH JESUS

IT'S ONE OF GREATEST NEEDS
OF CHURCH LEADERS / ORGANISATIONS
TO HAVE THAT HUNGER

May the God of hope fill you with all joy + peace as you trust in Him so that you may overflow with hope by the power of the Holy Spirit —

ROMANS 15:13



THIS CONCEPT OF
PAUL OF
SPASHING
HOPE OVER OTHERS

CHOOSE HOPE!

→ THIS IS THE MOST
ATTRACTIVE ELEMENT
OF OUR FAITH.

JESUS GIVES US A CHOICE
SO WE CHOOSE HOPE —



WE SEE
HOPE

Why our
organisation
is named that

↳ It's my
internal
creed!