

## Dementia: Support and Further Reading

### Dementia Organisations and Contacts

- **Dementia UK** provides specialist dementia support for families through their Admiral Nurse service – [www.dementiauk.org/about-dementia](http://www.dementiauk.org/about-dementia)
- **The Alzheimer's Society** raises funds via membership and strives to help people living with dementia in the UK to achieve the best possible quality of life, as well as providing support and assistance to families and carers – [www.alzheimers.org.uk](http://www.alzheimers.org.uk)
- **Dementia Friends UK** – [www.dementiafriends.org.uk](http://www.dementiafriends.org.uk)
- **The Dementia Directory** is a listing to find local support services for people with dementia and their carers in England, Wales and Northern Ireland – [www.alzheimers.org.uk/find-support-near-you](http://www.alzheimers.org.uk/find-support-near-you)
- **The Lewy Body Society** is a charity to fund research into Dementia with Lewy Bodies (DLB) – [www.lewybody.org](http://www.lewybody.org)
- **Age UK** is the largest charity in Britain dedicated to ensuring that people over the age of 60 can continue to enjoy an active, happy, fulfilled and independent lifestyle – [www.ageuk.org.uk/](http://www.ageuk.org.uk/) (also includes Age Cymru, Age NI and Age Scotland).
- **NHS** have a help and support guide for people with dementia – [www.nhs.uk/conditions/dementia/help-and-support](http://www.nhs.uk/conditions/dementia/help-and-support)
- **NHS 'Every Mind Matters'** has good advice and tips for coping with stress and anxiety while at home – [www.nhs.uk/every-mind-matters](http://www.nhs.uk/every-mind-matters)
- **Carers UK** provides information and advice to carers about their rights and how to access support – [www.carersuk.org](http://www.carersuk.org)
- **National Institute for Health and Care Excellence** issues guidance and quality standards on dementia – [www.nice.org.uk/guidance/conditions-and-diseases/neurological-conditions/dementia](http://www.nice.org.uk/guidance/conditions-and-diseases/neurological-conditions/dementia)
- **UK Dementia Research Institute** – [www.ukdri.ac.uk](http://www.ukdri.ac.uk)
- **Pilgrims' Friend** – [www.pilgrimsfriend.org.uk/about-us/vision-of-care/dementia-care](http://www.pilgrimsfriend.org.uk/about-us/vision-of-care/dementia-care)
- **Faith in Late Life** – [www.faithinlaterlife.org/resource-hub/?fwp\\_categories=dementia](http://www.faithinlaterlife.org/resource-hub/?fwp_categories=dementia)





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### Recommended Books

- *The Spiritual Dimension of Ageing* by Elizabeth McKinley
- *Finishing Well* by Ian Knox
- *In a Strange Land – People with Dementia and the Local Church* by Malcolm Goldsmith
- *A Vision for the Aging Church* by James Houston and Michael Parker
- *A Great Place to Grow Old* by Tina English

### Books by Louise Morse

- *Could it Be Dementia?*
- *Losing your mind doesn't mean losing your soul*
- *Dementia: Pathways to Hope. Spiritual insights and practical advice*
- *What's Age Got To Do With It?*