

Retirement: Support and Further Reading

Organisations and Websites

- **After Work** – an organisation focusing on discipleship and longing to see a self-resourcing community of actively retired Christians maximising the opportunities of their life after retiring – www.afterworknet.com
- **The 'Retiring Well' Retirement Course** – developed by [Helen Calder](#) following her own journey from full-time employment, this course inspires people to start praying and planning for their own purposeful, fulfilled retirement, offers additional resources to help them on their continuing retirement journey, and hopefully and eventually lead to an enjoyable, purposeful, fruitful and fulfilled retirement – www.helensheadlines.net/transitions-retirement-course
- **'Second Half Living' Course by The Navigators** – covers a wider phase of life from 50 to 75. They also publish a series of helpful booklets including Awareness Awakens – <https://navigators.co.uk/shl/>

Recommended Books

- *An Uncommon Guide to Retirement* by Jeff Haanen
- *Naked Retirement: Living A Happy, Healthy, and Connected Retirement* by Robert Laura
- *Rich in Years – Finding Peace and Purpose in a Long Life* by Johann Christoph Arnold
- *Three Score Years, and Then What* by Rhena Taylor
- *The Retirement Devotional – Biblical Wisdom for Life After Work* by Robert Laura
- *What's Age Got To Do With It?* by Louise Morse
- *When We're 64 – Your Guide to a Great Later Life* by Louise Ansari

