

## You can give TODAY

100% of donations to The Big Collection will help people who are vulnerable or in need, for example:

- Giving homeless people a safe place and a fresh start
- Breaking the chains of drug and alcohol addiction
- Helping people find their way out of debt
- Opening doors for children and young people
- Offering care and friendship to elderly people
- Supporting people into work and training

### SUPPORT THE BIG COLLECTION

**Donate online**

at [salvationarmy.org.uk/  
TheBigCollection](https://salvationarmy.org.uk/TheBigCollection)

**Call 020 7367 4800**

and quote 'The Big Collection'



The case studies overleaf reflect the true stories of people that we help every day. Names have been changed and models used in photographs to protect the privacy of the people concerned.

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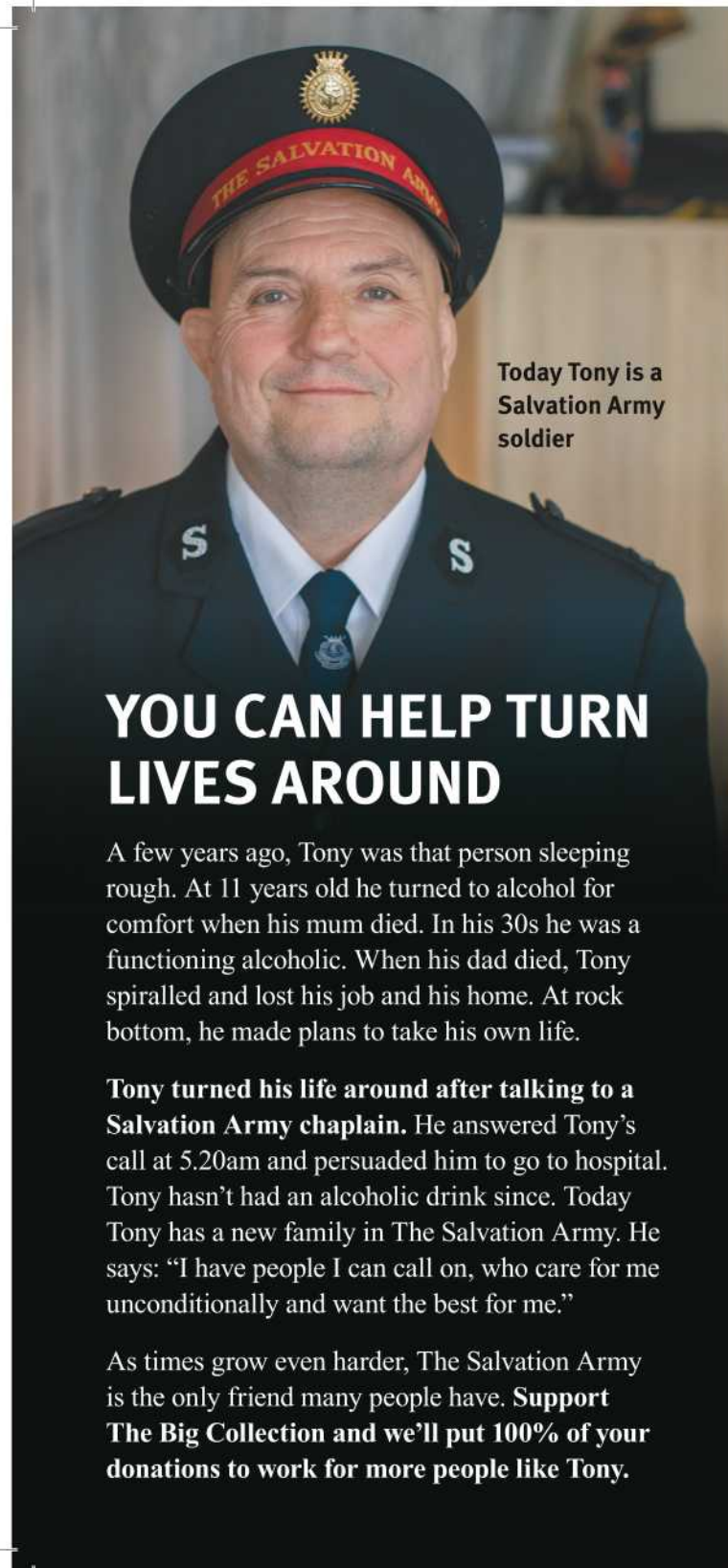


## THE BIG COLLECTION

## HARD TIMES ARE EVEN HARDER

# LET'S MAKE THE BIGGEST IMPACT FOR PEOPLE IN GREATEST NEED

For those already struggling, the rise in the cost of living is devastating. Together we can stop more people spiralling into poverty and despair.



Today Tony is a Salvation Army soldier

## YOU CAN HELP TURN LIVES AROUND

A few years ago, Tony was that person sleeping rough. At 11 years old he turned to alcohol for comfort when his mum died. In his 30s he was a functioning alcoholic. When his dad died, Tony spiralled and lost his job and his home. At rock bottom, he made plans to take his own life.

Tony turned his life around after talking to a Salvation Army chaplain. He answered Tony's call at 5.20am and persuaded him to go to hospital. Tony hasn't had an alcoholic drink since. Today Tony has a new family in The Salvation Army. He says: "I have people I can call on, who care for me unconditionally and want the best for me."

As times grow even harder, The Salvation Army is the only friend many people have. **Support The Big Collection and we'll put 100% of your donations to work for more people like Tony.**

## You can give **SUPPORT**

When his home was flooded, Alan found himself without furniture and on the brink of homelessness. He struggled to cope and spiralled into debt. Life was so stressful that he took drugs to numb the pain.

Alan turned to our Resettlement Project. His support worker Elizabeth and our specialist team helped Alan get new furniture for his home. We helped him reclaim essential benefits he had missed out on. He was able to get his life back on track.



**“I’d got in such a bad place that I considered ending my life. But as soon as The Salvation Army stepped in my life began to improve.”** Alan

## You can give **HOPE**

Mick became homeless after his long-term relationship broke down. He had nowhere to stay, he missed daily contact with his son, and ended up losing his job too. Mick’s life hit a new low when he suffered a series of health problems that left him in hospital.

Mick found hope at one of the Salvation Army’s supported accommodation centres. We offered him a permanent home through the Housing First project, with all the support he needed to make it his home.

**“I would like to thank everyone, especially my Salvation Army support worker Sharon, for helping me turn my life around.”** Mick



## You can give **FRIENDSHIP**

Vanessa has worked at The Salvation Army for the past ten years. Currently she is helping people facing desperate times, and relying on us for essentials like food parcels and hot meals.

Many people coming to The Salvation Army had never used a food bank before this year. They feel anxious and just need someone to acknowledge them, offer a smile or to say hello. It makes a big difference to be treated well and not thought of as ‘less than’ anyone else.



**“It gives me a feeling of joy being able to help someone in this way.”** Vanessa

## You can give **FREEDOM**

Rashmi came to the UK to work as a nurse. She was met by a man who took her passport and said she’d be a housekeeper. She worked 12 hours a day, ate only leftovers and had no bed. Rashmi felt powerless. She never saw her wages and was threatened with beatings.

Distraught and desperate, Rashmi called a friend at The Salvation Army in Sri Lanka. They told her to contact us. Within days, the police arrived at Rashmi’s workplace and we drove her to a Salvation Army safehouse.

**“We helped Rashmi recover from her ordeal, while giving her the support and connections to plan for a safe future.”** Salvation Army team

