



RIGHT TRACKS

YOU ARE YOU

VALUES-BASED ASSEMBLY



Aim

- To celebrate how wonderfully different we all are
- To find ways to show that everyone is amazing and wonderful and unique and special



Resources

- PowerPoint presentation
- 'You are you' video
- You are you sticker (optional)



Bible verse

'I praise you because you made me in an amazing and wonderful way.'
(Psalm 139:14 ICB)



You will need:

- If using the 'You are you' cards, print enough for each pupil, then cut and assemble into a bundle for each class.
- If using the stickers, insert the image into a sheet of circular sticker labels then print. Children can colour in the sticker to make each one unique.



INTRODUCTION

Slide 1 - Introduction

Introduce yourself and welcome pupils to assembly.



Slide 2 - Stand up!

Now that you are all here and sitting down, I am going to get you moving! I am going to ask you some questions, and if your answer is 'Yes', you show this by standing up (*raise your right arm*). And then once you sit down (*lower your right arm*) I am going to ask the ones whose answer is 'No' to stand up (*raise your left arm*) and then sit down (*lower your left arm*). Are you ready? Keep the timing of the questions quite quick.

- Would you like to dance on a bus? (Yes/no)
- Would you like to jump out of a plane? (Yes/no)
- Would you like to give a dog a bath? (Yes/no)
- Would you like to dive into a pool filled with custard? (Yes/no)





RIGHT TRACKS

- Are you tired yet? (Yes/no)



Slide 2 (again) - Raise your voice!

For the next few questions, you are going to raise your voice - to speak up and say 'Yes' (*raise your right arm*) or say 'No' (*raise your left arm*). *If noise levels are a concern, reduce the volume by not raising your arm so high.* Are you ready?

- Would you like to sleep in a tree? (Yes/no)
- Would you like to hug a giraffe? (Yes/no)
- Would you like to wear clothes made from marshmallows? (Yes/no)
- Would you like to eat a banana covered in baked beans? (Yes/no)



MAIN TALK

Slide 3 - Being different

Thank you for your honesty. Did you notice that we all had very different opinions? That is because we are different from each other, we are diverse. Not only do we look different from each other, but we act differently, and we all have different opinions.

Our diversity, our uniqueness and specialness, is something to be proud of and celebrated. It would be so boring if we all looked the same, acted in the same way, and had the same thoughts - though that would make answering your teacher's questions easier!

But here's something strange. Sometimes, in life, people can be treated badly because they are different. They can be treated poorly because of how they look or behave or because their opinions or beliefs are different. Cruel things can be said or done which can make people feel sad, lonely, ashamed, or afraid.



Slide 4 - Christian perspective

Christians believe that God made every one of us special, and we praise him, for example through song, prayer and music, to say thank you. In the Bible, the Christian holy book, there are lots of verses celebrating how unique and special we are. Here is one:

'I praise you because you made me in an amazing and wonderful way.'

(Psalm 139:14 ICB)





RIGHT TRACKS



Slides 5-7 - I am happy!

Isn't that extraordinary? *Pupils may wish to join in with the words in bold, in the second text box on each slide.*

- You are amazing and wonderful and unique and special. **Be happy you are you!**
- I am amazing and wonderful and unique and special! **I am happy I am me.**
- We all are amazing and wonderful and unique and special! **We are happy we are us!**

No one before has ever been like you, and no one after will ever be like you either. How amazing and wonderful is that!

Slide 8 - Salvation Army perspective

Christians believe that everyone is important and special because that is how God sees us. It is important to treat everyone with respect and value our differences. The Salvation Army, as a Christian church and charity, takes this message to heart. Everyone is welcome in their churches, and they aim to help everyone they can.

Everyone is important because everyone is amazing and wonderful and unique and special to God. And because everyone is special to God, everyone should be cared for and respected.



Slide 9 - Stand up, speak up

So when people in The Salvation Army see people being treated unfairly, they believe it is important to stand up for those people and raise their own voice to speak against injustice, for example through campaigning or supporting people who feel left out by society. This is because everyone is amazing and wonderful and unique and special to God.



REFLECTION

Slide 10 - Reflection

Take a moment to think about you and think of these words again: 'You are amazing and wonderful and unique and special. Be happy you are you.'
Pause for a few seconds.





RIGHT TRACKS

Now take a moment to look at the children and adults next to you and around you and think: 'They are amazing and wonderful and unique and special. I am happy you are you.' *Pause for a few seconds.*

Let's think for a moment about our own lives, in the classroom, in the playground, at home and in all the other places we find ourselves. How can we make sure our diversity, our uniqueness, is celebrated? How might we stand up and raise our voices if we see someone being treated badly because they are different? What can we do? Who can we tell? How can we make people feel welcome and create a safe place for everyone to be who they really are? *Pause for a short reflection time.*



SONG

Slide 11 - Song

The Salvation Army has created a song for us to help us celebrate our uniqueness and to remember to stand up and to raise our voices, to be happy that we are so diverse.

Play the song 'You are you' and encourage pupils to sing along.



Slide 12 - Goodbye

Thank the pupils and staff for letting you be a part of their assembly.

You may wish to give pupils a sticker (or the sheets of stickers to each teacher) as they leave.

Play the song 'You are you' as pupils leave.

