

Explore it

‘I look up to the hills.

But where does my help come from?

My help comes from the Lord.

He made heaven and earth.

He will not let you be defeated.

He who guards you never sleeps.

He who guards Israel

never rests or sleeps.

The Lord guards you.

The Lord protects you as the shade
protects you from the sun.

The sun cannot hurt you during the day.

And the moon cannot hurt you at night.

The Lord will guard you from all dangers.

He will guard your life.

The Lord will guard you as you come and go,
both now and forever.’

(Psalm 121 *ICB*)