

Living for God



Bible verses:
Ephesians 6:10-18



Aim:
To explore Paul's picture
of the armour of God



Today's fruit:
Self-control



Memory verse

'Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.'

(Ephesians 4:32 NIV)



Start it

Hold up the envelope from Session Two and explain that we are continuing to explore a letter from Paul in the Bible. This part of the letter talks about the armour of God.

Who might wear armour? Why might they need to wear armour? What does armour do?



Share it

Share a child-friendly version of Ephesians 6:10, 14-18 (eg Biblegateway.com *ERV/EASY*) or watch the following clip.

The armour of God (Bible stories for toddlers) by Saddleback Kids (1:31)

Sit in a circle and ask the group to share together:

- What do we wear to help protect our bodies, eg for cycling or playing sports?

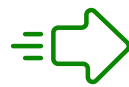
- Why do we wear it?
- What is armour?
- Do you know any names of pieces of armour?
- Who would wear armour and why?
- What do you think is the armour of God protecting?



Sing It

'Together' (songs for school) by Worship for Everyone (2:43)

'Great big God!' Vineyard Kids, Vineyard Worship UK and Ireland (2:51)



Action it

Games and activities to reinforce the Bible passage:

- Bring some items of clothing to represent the armour of God. Ask if there are any volunteers to wear different items. As you do, talk about each one individually. Think about: What that piece of armour does and think together about how they relate to real life (See Explore It session for some examples.)

- Search online for Armour of God activity / colouring sheets.
- Give the children some tin foil, and ask them to make a sword/helmet/shield
- Play *Simon says* but with the phrase *Soldier says*, eg 'Soldier says ... show me your shield' (act out holding up a shield) or 'Show me your shoes' (wiggle feet)