

Being fruitful

**Bible verses:**

Galatians 5:13-18,22-26

**Aim:**

To explore the fruit of Spirit

**Today's fruit:**

All fruit

Resource: *Fruit script*

Memory verse

'Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.'

(Ephesians 4:32 *NIV*)

Start it

Hold up the envelope from Session Two and explain that we are looking at another letter written by Paul. He was writing to another church giving them advice, and he used the idea of fruit to help them.



Share it

Share a child-friendly version of Galatians 5:22-26 (eg Biblegateway.com *ERV/EASY*), perform the *Fruit script* using puppets/toys/adults or watch the following clip.

God's Story: Fruit of the Spirit by Crossroads Kids' Club (Stop at 1:45 'It can help us stay healthy in our relationships with God and other people.')

Sit in a circle and ask the group to share together:

- What is your favourite fruit?
- Where does fruit come from?
- What helps the plants grow?
- How do you know when fruit is ripe to eat?
- Why do we eat fruit?
- Paul's letter talked about the fruit of the Spirit. Have you heard about the Holy Spirit? What do you know about him?
- There are lots of different fruit from the Holy Spirit; can you remember any of them?
- How does this fruit help us?

Remind the children that:

- The Holy Spirit is a special gift from God, and when we have this gift, he helps us to show good things which God loves to see – things like love and peace!



Sing It

'Together' (songs for school) by Worship for Everyone (2:43)

'Shine! (from the inside out)' by Nick Jackson uploaded by Tangy Crayfish (2:20)



Action it

Games and activities to reinforce the Bible passage:

- Play a game of *Fruit salad*. Ask the children to sit in a circle, ensuring there is enough space to run around the outside. Choose four fruits and go around the circle, giving each child one of the four fruit names. When you call out a fruit name, the children need to run around the outside of the circle and return to a different space from the one they were originally in. You can also shout 'Fruit salad!', so all children run outside the circle and return to a different place.
- Make or design a super-duper-taste-alicious smoothie! The group could write a recipe and draw what their smoothie might look like. Alternatively, children can cut – with supervision – fruit and make a fruit salad.
- In pairs or small groups, choose one fruit of the Spirit and role play what this might look like, eg at home, at school or in the playground.
- Put a variety of fruit in a bag and ask the children to see if they can guess a fruit by touch. Encourage them to describe what they feel. Some might be tricky to guess, but perhaps they will know it when they see it – perhaps just like how they might know the fruit of the Spirit when they encounter it.