

Resource F: Mentor Notes

Keep confidentiality: These notes are intended to summarise your sessions so you can pick up easily next time, rather than provide all the details.

Be transparent: it is good practice and legally necessary for your mentee to be able to view these notes if they wish.



Who

Mentor:

Young person:

When/where

Date/time:

Venue:

Next time

Date/time:

Venue:

Notes:

What we discussed

Identity Who am I?

Belonging Where do I fit?

Purpose What difference can I make?

Any comments from young person on the session:

Follow Up

Agreed action plan