

# A brave sister

**Bible verses:**

Exodus 2:1-10

Baby Moses

**Aim:**

To see how Miriam helped keep  
Moses safe by being brave

**Today's fruit:**

Love



In today's session we'll see how the bravery of a big sister brought a baby boy back to the arms of his mother.

Miriam lived at a time when the world around her was a scary place to be. Her family were slaves to the Egyptian Pharaoh, and her baby brother's life was in danger. A plan to save Moses sent him into a place of potential danger. In a moment of bravery, Miriam played a crucial part in God's amazing story.

Miriam acted out of love and care for baby Moses. How can we act in love and therefore show God's love to others?

**Each child will need:**

- A paper plate with vertical cut slats, thin strips of coloured card/paper, a wooden dowelling stick / kebab stick, a stapler, plus two decorative flowers or bows (optional)
- Pens/pencils and paper
- *Explore It ideas* handout

**You will need:**

- Fruit of the Spirit poster: *Love* – download from **Salvationist**
- To watch **Paper Basket Making (YouTube Shorts)** by @SimpleCraftIdea (0:17)



## Start it

**Say:**

Today's session is all about the brave actions of a young girl. To start us thinking about what it means to be brave, let's watch a clip from a film with the same title.

## Video

*Merida competes in archery (Brave by Disney)* uploaded by Disney Junior MENA (1:48)

## Discuss:

- Why was the archery competition taking place?
- Do you think it was fair that Merida didn't have a say in who she could marry? Why / why not?
- What brave move did Merida make to defend her honour? Why do you think she was so determined to be part of the tournament?
- Why was Merida's mother so angry?
- What motivated Merida to take part in the archery tournament?

## Say:

Merida's bravery came from a place of anger and injustice. She didn't think that she was being treated fairly and wanted to show everyone what she was capable of. In our story today, we meet another brave young girl, but her bravery was motivated by love rather than anger and frustration. We will find out more about her later.



## Sing it

## Say:

In our Bible story today we meet another young person willing to put their trust in God. Our memory verse reminds us why trusting God is so important. Let's share it together for the final time this month.

## Memory verse

**'Trust in the Lord with all your heart  
and lean not on your own understanding;  
in all your ways submit to him,  
and he will make your paths straight.'**

(Proverbs 3:5-6 NIV)

## Say:

Today's song will help us remember the importance of the words in our memory verse.

## Song

**'Proverbs 3:5-6' (Official lyric video)** by JumpStart3 (2:02)



## Share it

**Say:**

Before we meet the amazing child at the centre of today's story, we need to know what was happening in their world. The people of Israel were living in Egypt, but they were slaves; they worked night and day for the Pharaoh. The number of Israelites grew and grew as they had more and more children. The Pharaoh was afraid that these children would grow up to be strong soldiers and take over his kingdom, so he came up with a plan to prevent this. In Exodus 1 we find out about his cruel command.

**Read:**

**'So the king commanded all his people: "Every time a boy is born to the Hebrews, you must throw him into the Nile River. But let all the girl babies live."'**

(Exodus 1:22 *ICB*)

**Ask:**

How do you think the Israelites felt when they discovered Pharaoh's plan for their baby boys?

**Say:**

One mother decided to protect her baby boy. Watch the clip to find out what happened and see if you can spot the brave child we'll focus on today.

## Video

***Moses in a Basket (The Prince of Egypt by DreamWorks)*** uploaded by Family Flicks (stop at 4:02)

**Ask:**

- What is the bravest thing you have ever done?
- How did it make you feel when you did it?

**Say:**

In today's story we meet Miriam, a protective big sister who looks out for her baby brother. She took the brave decision to approach the king's daughter.

**Read:**

**'There was a man from the family of Levi. He married a woman who was also from the family of Levi. She became pregnant and gave birth to a son. She saw how wonderful the baby was, and she hid him for three months. But after three months, she was not able to hide the baby any longer. So she got a basket made of reeds and covered it with tar so that it would float. She put the baby in the basket. Then she put the basket among the tall grass at the edge of the Nile River. The baby's sister stood a short distance away. She wanted to see what would happen to him.'**

'Then the daughter of the king of Egypt came to the river. She was going to take a bath. Her servant girls were walking beside the river. She saw the basket in the tall grass. So she sent her slave girl to get it. The king's daughter opened the basket and saw the baby boy. He was crying, and she felt sorry for him. She said, "This is one of the Hebrew babies."

'Then the baby's sister asked the king's daughter, "Would you like me to find a Hebrew woman to nurse the baby for you?"

'The king's daughter said, "Yes, please." So the girl went and got the baby's own mother.

'The king's daughter said to the woman, "Take this baby and nurse him for me. I will pay you." So the woman took her baby and nursed him. After the child had grown older, the woman took him to the king's daughter. She adopted the baby as her own son. The king's daughter named him Moses, because she had pulled him out of the water.'

(Exodus 2:1-10 /CB)

**Ask:**

- What did Miriam ask the king's daughter?
- Why was this such a brave and clever thing to do?
- Why do you think Miriam offered to help?
- How do you think she felt as she stepped forward to speak to the king's daughter?
- Who ended up looking after Moses?

**Say:**

If Miriam had stayed quiet, then Moses would never have been reunited with his family. He may never have seen his mother again. Because of Miriam's bravery, her brother would grow up with all the privileges of being part of the royal family while still staying closely connected to his own family.

Display the *Love* sign.

**Ask:**

- What examples of love do we see in this story?
- How did Miriam show love to her baby brother?

**Say:**

Miriam gives us another example of how a child helped God in his amazing story! She showed bravery, faithfulness and love. When we are close to God and the Holy Spirit is helping us, we can show love in lots of ways, just like Miriam did.

**Ask:**

How can we show love to others this week?

## Action it

Explain to the children that they are going to make a paper basket to remind them of the bravery of Moses' sister Miriam. A clip is provided for the leader to show you how to make the basket.

## Video

*Paper Basket Making (YouTube Shorts)* by @SimpleCraftIdea (0:17)



## Pray it

### Say:

Throughout this month we have met many amazing children who have played an important part in God's big story.

### Ask:

What children have we learned about this month?

### Say:

- We met the brave servant girl who saved her master from a horrible skin disease.
- We met the obedient boy Samuel, who carefully listened to God's voice.
- We met David as he bravely stood up to the giant Goliath, and today ...
- We met Miriam, who showed love to her baby brother.

### Ask:

What did all these children have in common?

### Say:

All of the children in our stories put their trust in God. To bring our session to a close, we're going to sing a song that reminds us that God is faithful and we can put our trust in him.

## Song

'Faith' (Everest VBS Music Video Group Publishing) (stop at 3:14)

When the song is finished, bring the session to a close in prayer.



## Explore it

Remember to send home the *Explore It ideas* for children and families.



# A brave sister

Here are some ideas for you to explore at home.



**Bible verses:**  
Exodus 2:1-10



**Aim:**  
To see how Miriam helped keep Moses safe by being brave



**Today's fruit:**  
Love



## Explore

Choose one of the Bible characters from this month's sessions and see what you can find out about them. What was the rest of their story?

Naaman's servant girl, the boy with five loaves and two fish, Samuel, David, Miriam



## Create

In this week's session we tried some paper weaving. If you would like to develop your weaving skills, then watch the clip and ask someone at home to help you make your own basket.

**Mini Easter Basket Craft** (DIY paper cup woven easter baskets) by One Little Project



## Song for the week

'Proverbs 3:5-6' (official lyric video) by JumpStart3 (2:02)



## Memory verse

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and lean not on your own  
understanding;  
in all your ways submit to him,  
and he will make your paths straight.'

(Psalm 3:5-6 NIV)

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