

What is Core Recovery?

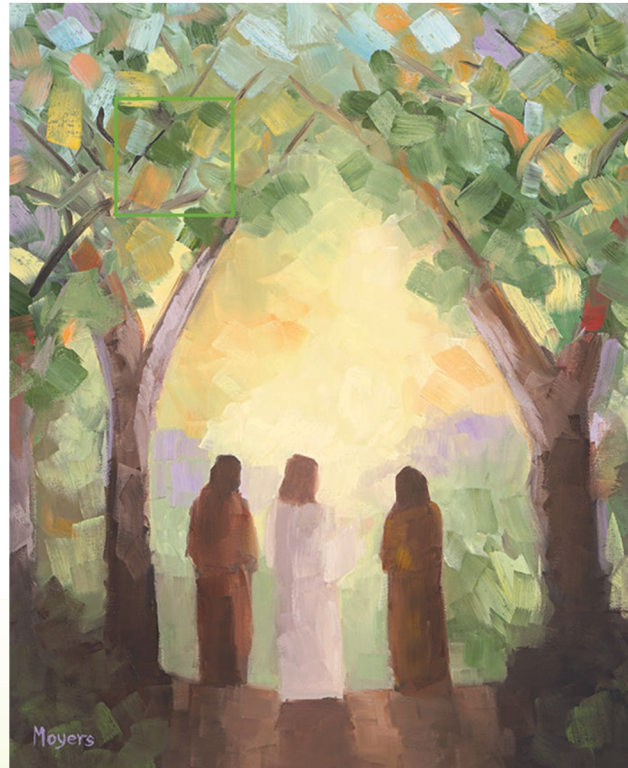
Core Recovery is the Salvation Army's Recovery Church.

A Recovery Church is a community which is there to support people in growing a meaningful spiritual experience that impacts their life and their recovery; whether that recovery is from addictive substances, health or life situations.

How does it do this?

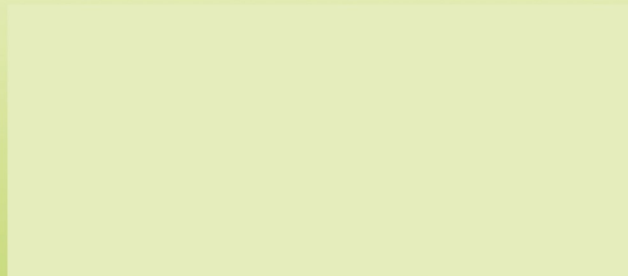
It does this by:

- Working to a set of values, including: inclusion & belonging, a spirit of equality, and an expectation of transformation. These are outlined in Core Recovery's 8 principles and are understood by each community.
- Emphasising & reimagining certain elements of church. Hospitality is central, woven through everything that takes place, interactive discipleship that focuses on life issues, and the development of honest relationships that can support and celebrate as appropriate. Core Recovery has a meeting outline that gives space for all these elements and is adaptable to most settings.
- Understanding how to develop an enabling environment conducive to recovery, including empowering relationships and safe spaces. Core Recovery will provide training and support to help each community gain confidence in these areas.



'We draw people to Christ not by loudly discrediting what they believe, by telling them how wrong they are and how right we are, but by showing them a light that is so lovely that they want with all their hearts to know the source of it'

Madeleine L'Engle



The Salvation Army 2023 The Salvation Army is a Christian church and registered charity in England (214779), Wales (214779), Scotland (SC009359) and the Republic of Ireland (CHY6399)



CORE RECOVERY



The Salvation Army's Recovery Church

PRINCIPLES

*Fullness of life in Jesus.
A community of honesty & hope
journeying together*

CORE RECOVERY PRINCIPLES

8 PRINCIPLES

ACCEPTING AND INCLUSIVE

Core Recovery is an accepting and inclusive environment where everyone is welcome to come and explore spirituality in recovery. We are looking to build a community where everyone can belong.

TRANSFORMING

Core Recovery is a place of transformation therefore we will support one another's recovery experience, celebrating success and loving each other through setbacks and achievements.

SPIRIT OF EQUALITY

Core Recovery expects everyone to come with an open mind in the belief that we will learn from each other.

AFFIRMING

Core Recovery is positively Christian however we encourage people to explore faith within their own context.

BEING FULLY HUMAN

By recognising our common humanity Core Recovery will not discriminate on any level on the grounds of economic power, gender, mental health, physical ability, race or sexuality; celebrating diversity.

IMPORTANCE OF STORY

Core Recovery encourages people to share their journey in an honest way. The integrity of the community is promoted by focussing on the changes that we ourselves want to make. When somebody is sharing we listen respectfully valuing their views and opinions.

HEALING SPACE

Core Recovery is an environment which promotes well-being, it is safe, encouraging, peaceful, calm and hassle free.

PASSIONATE

Core Recovery leadership is defined by empathy and compassion. Training and support will be given in key areas of addiction, mental health and the principles of Core Recovery as a fresh expression of Church.

