

A voice of freedom



Bible verses:
Philippians 2:1–4



Aim:
To think about the needs of others and consider how we can stand with them



Today's fruit:
Love



Memory verse

'The Lord God has put his Spirit in me. This is because he has appointed me to tell the good news to the poor. He has sent me to comfort those whose hearts are broken.'

(Isaiah 61:1a *ICB*)



Start it

Print *Harriet Tubman's story* on to A3 paper. (Set the printer properties to A3.) Cut along the dotted line, then cut out the photo of Harriet Tubman and the small cartoon image separately.

Using the cartoon cut-out and the comic strip, tell the story of Harriet by adding her to each part of the story. Children can help move her, and you can stop and talk, or ask questions as you go. Talk about how she used her voice to help others.

Keep the *Harriet Tubman's story* handout for Session Four.



Share it

Share a child-friendly version of Philippians 2:1–4 (eg Biblegateway.com *ERV/EASY*).

Sit in a circle and ask the group to share together:

- Why do you think Harriet chose to go back and help others?
- How might we be able to look for what other people need?



Sing It

'Looking at my heart' (preschool worship song) by KidSpring Children's Ministry (2:18)

'Ohana' (preschool worship song) by KidSpring Children's Ministry (2:07)



Action it

Games and activities to reinforce the Bible passage:

- **Make:** Paper people chains (**Pinterest**)
Children can decorate their paper people.
- **Play:** Act it out! Using the words you added to the comic strip (*Harriet Tubman's story*), say the words one at a time and see if the group can act out the word. You could add different words and see if they can tell you which ones are from your story!

- **Pray:** Use the *Be kind prayer* handout. The children can join in with movements/ actions.
- **Try:** Group the children into twos or threes. Ask them to put their arms around each other's shoulders and have one child stand on one leg. Think about how when you're on your own it can feel wobbly, but when you have someone to stand with you, they help you to be more steady. Think about when people are feeling wobbly with their feelings, and we stand with them. How can that help?