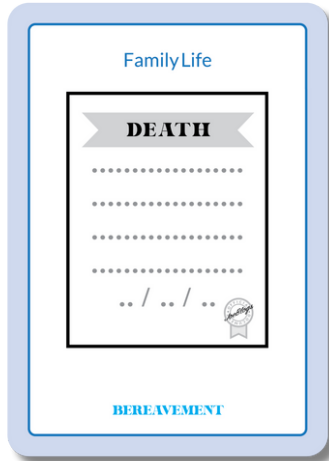


FamilyLife



Grief touches every life, with over six million people in the United Kingdom and the Republic of Ireland experiencing bereavement every year. Regardless of age or circumstance, loss and grief brings pain and without appropriate support can lead to problems such as mental health struggles, job loss, relationship breakdown or addiction. Most people long for comfort in what feels like the most uncertain time of life.

During these sad, uncertain and difficult times, the Church can offer comfort, presence and hope, helping people navigate their grief with compassion and care.

Links to further support and resources:

<https://www.salvationist.org.uk/resources/discipleship/closer-look-aging> The Salvation Army Older People's Ministries Team offers 'A Closer Look' series, resourcing theologically informed pastoral responses to topics including death and dying and grief and loss.

www.lossandhope.org/whats-on-offer/becoming-bereavement-friendly/ Offers bereavement-friendly training to help churches move towards being more sensitive to grief and loss.

www.cruse.org.uk Cruse Bereavement Support offers advice and specialist training around general grief awareness, supporting those bereaved by suicide and grieving children and families.

BEREAVEMENT